

WHAT'S PAST IS PROLOGUE

SURVIVAL TREES TO BE DEDICATED

Grown from remnants of 9-11 Attacks

by John Conway

HURLEYVILLE – In October of 2001, in the aftermath of the terrorist attacks on the World Trade Center, a Callery pear tree was discovered at Ground Zero. The tree was severely damaged, with snapped roots and burned and broken branches, but it was removed from the rubble and placed in the care of the New York City Department of Parks and Recreation.

After years of recovery and rehabilitation, the tree featured new, smooth limbs extending from the gnarled stumps, and there was a visible line of demarcation between the tree's past and its present. In 2010, the tree—now called the Survivor Tree,"—was returned to the National September 11 Memorial, where it embodies our nation's spirit of hope and healing, strength and resilience in the wake of the 9/11 attacks.

The Survivor Tree seedling program was launched on September 11, 2013, by the 9/11 Memorial and Museum in partnership with Bartlett Tree Experts, of Stamford, Conn., and John Bowne High School in the Flushing neighborhood of Queens. Each

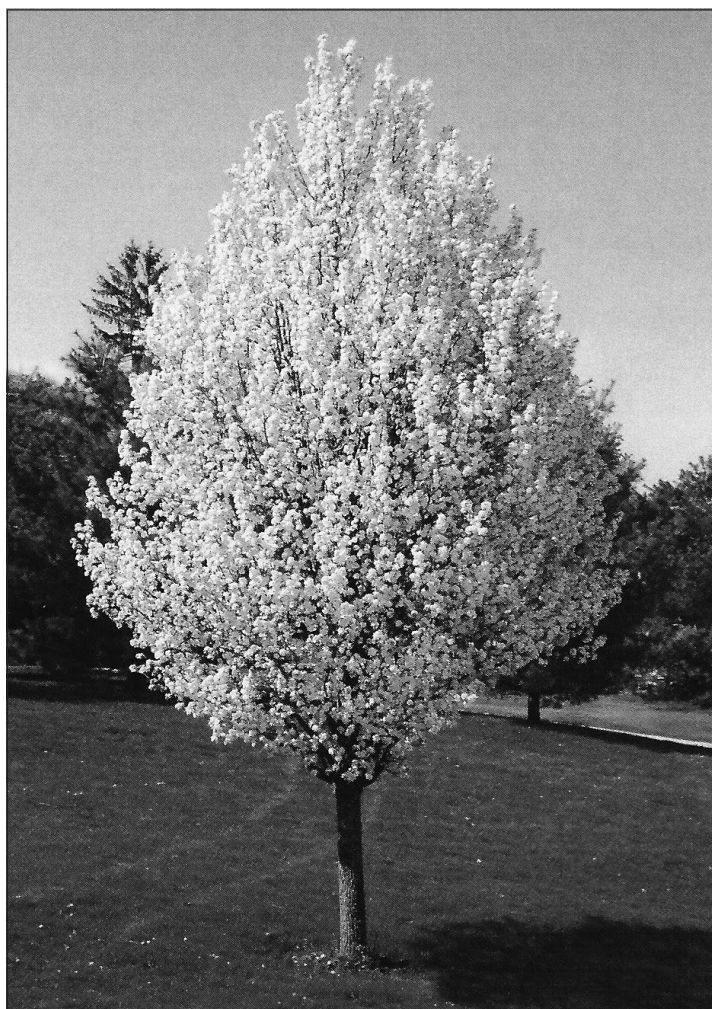


PHOTO PROVIDED

Three Callery pear trees similar to this will be dedicated at different spots in Hurleyville on Sunday, September 9.

year, seedlings from the Survivor Tree are given to deserving communities throughout the world.

This year, the Hurleyville Arts Centre has the honor of receiving three Callery Pear Survivor saplings to

plant in Hurleyville, and the public is invited to a special dedication ceremony scheduled for Sunday, September 9.

The three survivor trees are intended to...

- Commemorate the day

all of our lives were forever changed September 11, 2001.

- Honor the bravery of the thousands of First Responders.

- Stand as a living reminder of resilience, survival and rebirth through community, courageous actions and the Arts.

An Arts Centre press release explains that the arts are included because they "create shared experiences and unite the global to the local, whether through joy and wonder or conversation and disbelief. Art has the unifying power to ignite action and friendship."

The ceremony will kick off at 1:30 p.m. at the Arts Centre cinema, where a 15-minute film loop will be on view highlighting the background of the survivor tree. The film loop will continue to run through 3:30 p.m.

Meanwhile, beginning at 2 p.m., there will be a dedication ceremony at the head of the Hurleyville Rail Trail on Main Street. The public will gather around the commemorative trees with speakers leading the dedication and offering a non-denominational, universal blessing.

by John Conway

HURLEYVILLE – The 2018 film documentary, "Three Identical Strangers" touts itself as "the most amazing, incredible, remarkable true story ever told," and that just might be an understatement.

The movie starts out telling the straightforward story of three brothers—identical triplets—who were separated at birth. But there comes a point where the feel good aspects of the story are abruptly eclipsed by much darker elements that will leave viewers wondering if it could possibly be true.

There is a local angle to the story, as well. In an uncanny coincidence, two of the brothers were reunited as the result of both attending SUNY Sullivan in Loch Sheldrake, although not at the same time. In the fall of 1980, when 19-year-old Bobby Shafran arrived at the Sullivan campus for the first time, he was taken aback by the number of students who greeted him as if they knew him, although they were meeting for the very first time. Finally, when one of those students called him "Eddy," the mystery began to unfold.

Told that he was a dead ringer for Eddy Galland, a student who had attended SUNY Sullivan the year before, Mr. Shafran dug a little deeper and eventually found that Mr. Galland had the same birthdate, July 12, 1961, and had also been adopted. He couldn't resist getting in touch.



PHOTO PROVIDED

Three young men who never knew they were identical triplets discover each other...and a disturbing secret... in the documentary "Three Identical Strangers."

Once it was established that the two young men were in fact identical twins who had been adopted by different parents shortly after their birth, their unusual reunion created a media frenzy. Stories—and photos—appeared in several local newspapers, including the New York Post and Newsday, and that's when the "remarkable true story" became "amazing."

David Kellman saw one of the newspaper articles and immediately knew he was reading about brothers he did not know he had. Not only did he look much too much like the two for it to be a coincidence, he shared the same birthday and had also been adopted. The story of identical triplets adopted by three different families just months after their birth was incredible, and television talk shows couldn't get enough of the three men.

But the most bizarre twist of all was yet to come, and while the simple story of three young men who never knew each other existed finding out they were identical triplets would have made a great documentary in and of itself, the story is so much more riveting because of the revelation of how and why the three were put up for adoption. And this twist turns a feel good human interest story into a gripping saga worthy of a best-selling novel.

It would spoil the movie to reveal the twist to those not already familiar with it, and it is much too good a story to be spoiled, so suffice it to say that the twist has been described as "an unimaginable secret that has radical repercussions," and trust that it drastically and suddenly changes the mood of the film.

Given that undeniable

fact, seeing the film at the Hurleyville Arts Centre this month is the best way to discover the aspect of the plot that makes it both so compelling and more than a bit disturbing, while proving yet again that truth is indeed stranger than fiction.

"Three Identical Strangers" is directed by Tim Wardle. It was awarded the Special Jury prize at the Sundance Film Festival, as well as awards at the Berkshire International Film Festival, Chicago Critics Film Festival and several other venues. It will be playing at the Hurleyville Arts Centre from September 14 thru September 16. Show times are Friday at 7:30 p.m., Saturday at 4 p.m. and 7:30 p.m., and Sunday at 2 p.m. and 6 p.m.

Visit the Hurleyville Arts Centre website, <http://hurleyvilleartscentre.org/> for more information.

LET'S TALK SULLIVAN COUNTY

by Luis Alvarez, Chairman
Sullivan County Legislature

THE NEW JAIL REPRESENTS A NEW ERA FOR SULLIVAN COUNTY

Some people wouldn't look proudly upon a jail, but I do. And it's not just because I spent part of my four-decade career with the Sheriff's Office serving in the Sullivan County Jail.

Where I worked has long been called the "old jail," because its most ancient sections go back more than 100 years. The old jail has literally been crumbling around inmates and officers for the past 30 years (it was even shut down temporarily when I worked there). Yet it's only been within the past year or so that I've finally been able to look forward to a "new jail" — because it now exists, discreetly located off Route 17's Exit 104 in Monticello.

That 133,000-square-foot facility, already

freshly painted and partially landscaped, should open in 2019 — not just as a modern, humane and secure jail, but as a state-of-the-art Sheriff's Office complex, with plenty of room for the Patrol and Civil divisions and associated equipment. At some point in the months ahead, the Sheriff and I hope to show it to you in a public event.

We'll proudly tell you why the Sheriff's Office, the Division of Public Works, the County Manager's Office, our contractor, Pike Company and this Legislature worked long and diligently together to create a complex that's both cost-conscious and up-to-date. We'll add — proudly — that we accomplished this major, and long overdue, project on-time and on-budget, despite a variety of challenges both expected and unexpected. We'll boast about the deputies who will make this new jail work, who often endured double shifts at the old



PHOTO PROVIDED

Luis Alvarez is the Chairman of the Sullivan County Legislature. He represents District 6, which includes Hurleyville.

jail but now may have a chance at a normal workload amidst much better conditions. And we'll proudly stand before you to unveil a solidly-built and thoughtfully-planned facility we hope will serve this County for 100 more years.

That said, I'll also take time — then and now — to thank you, the taxpayer, for placing your faith and funds in our hands. This was a humongous step, and it didn't come without a tax increase. You didn't

relish spending money building a jail, but you understood the need — and obligation, both legal and moral — to do so. In that respect, I'm also proud of you, for being forward-thinking and courageous, not to mention compassionate to both our deputies and our inmates. It matters!

This jail and relocated Sheriff's Office promise to be of great value to Sullivan County, from the expanded spaces and technologies soon available to our hardworking law enforcement team, to the income we'll realize from humanely housing other overcrowded county jails' inmates. It will be a facility of which you too can be proud, and I look forward to the day I can show you in person.

Legislature Chairman Luis Alvarez keeps readers up to date on what is happening in county government with his regular column in the Hurleyville Sentinel.

1 FUTURE FORUM AT ARTS CENTRE

HURLEYVILLE – The Hurleyville Arts Centre will host the first annual 1 Future Forum this weekend.

The forum comprises various events on Friday, Saturday and Sunday, September 7 thru 9. Most of the events are free for local participants, with the exception of Friday night's live performance by Talking Fire & Bethany & Rufus with Bonga Jean-Baptiste, which is priced for locals at just \$15. When ordering tickets to this performance online, using the promo code 1FutureLocal will automatically plug in the reduced rate.

The Arts Centre is touting 1Future Forum as "the inaugural gathering of thought leaders and cultural programming to celebrate innovation and disruption," and calls the event "an opportunity to engage social and environmental issues important to local residents and around the globe while discovering regional and global artists."

portunity to engage social and environmental issues important to local residents and around the globe while discovering regional and global artists."

"Combining music, dance, food and wellness, the weekend retreat convenes social change makers with the artisans, educators and organizers of the tri-state area to engage around key themes of: Economic equality, Health, Gender equality, Environment, War and peace," a press release for the event says.

Organizers say Hurleyville is a perfect setting for the initial forum because it is a "hamlet in transformation to be a model for small town regenerative economies in the 21st century."

Among the Hurleyville Arts Centre's partners in



PHOTO PROVIDED

Bethany Yarrow, daughter of renowned folk singer Peter Yarrow, is part of the trio, Bethany & Rufus with Bonga Jean-Baptiste, who will be performing Friday night at The Hurleyville Arts Centre.

organizing the forum is the Disruptor Foundation, a private non-profit founded in 2009 to "raise awareness of and encourage the advancement of disruptive innovation theory and its applica-

tion in societally-critical domains."

Also partnering in the forum is 1Future, a creative agency and online platform that produces high-quality media, art and events to drive social change; wellness organizations Hosh Yoga and Hosh Kids; 5 Rhythms, a philosophy, perspective, and dynamic dance practice; and The Center for Discovery, whose Hurleyville Project is a collaboration of area residents and public and private partners creating a model of healthy living for people, the land and the region's economy.


Visit hurleyvilleartscentre.org/1future-forum or 1future.com/forum/ for more information and tickets.

The Inquiring Photographer

by Heather Gibson




Q. “Are you looking forward to going back to school, and what will you most miss about summer?”



Dylan Volpe

“No I am not excited. I don’t want to go back. I like to play in the pool and go on rides at the park. I like being with Maddy and Mommy and Daddy and Pumpkin and my cousins and pool and Yaya and Papa and Nana and Nick.”



Jordan Rivera

“I’m excited for new teachers, friends, and new toys. I will miss camp and playground and swimming and the concession and the sand pit at camp.”



Jaydon Rivera

“I am excited to learn about the 50 states of America and finding new friends. I’ll miss all my friends from camp that aren’t in my school.”



Maria Nardi

“I’m really excited to go back to school, but I will miss playing outside and swimming in the pool!”

FROM THE FARM

by Eve Springwood Minson



At long last the sweet corn, peaches and tomatoes are ripening as the days shorten and nights get a little cooler. Hard to believe summer is starting its swan song when it feels like it just started, but it’s the Catskills! Fortunately you can do one more planting of cool season crops to enjoy over the fall. It’s time to plant spinach, radishes, beets, kale, lettuce and other veggies you enjoyed in early spring! Clean up Spring crops that are no longer producing, reinvigorate soil with compost or aged manure and plant seeds again! You’ll go into fall/winter with yummy greens in your garden and if you cover with a coldframe or a hoop with row cover, a light tissue-like fabric made for preventing light frosts and insects, you will have veggies until early winter.

After your veggie garden is tended to, you can start thinking about what did well this year and what you might need to transplant elsewhere. I already have a long list of plants to move around the garden by mid-September when temperatures cool a bit more. Some of my plants were overwhelmed by neighbors, some color combinations were not to my liking, and others just need to be replanted elsewhere. It’s fun to further tweak what I thought was going to work well in spring.

Another useful task this time of year is to collect seed from your annuals and perennials. As everything starts to go to seed, save some seed heads and allow them to mature on the plant. When they turn brown and look like they will soon explode, it’s time to cut and put them in a paper bag to fully dry off. You can also save open-pollinated varieties of your veggies as well. Tomatoes, peppers, squash, melons, all produce copious seeds and as long as they aren’t hybrids you can save seed for years to come.

It’s also time to harvest herbs for drying if you haven’t done it earlier, get your last canning tasks done and give your garden a once over cleanup. Enjoy these last golden days of summer!



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MEMORY OF A HURLEYVILLE SON HONORED AT SCHS

by Fred Fries

HURLEYVILLE – With the year 2018 being the 100 year anniversary of America’s participation in the Great War fought overseas on French and Belgian soils, the Sullivan County Historical Society has assembled an exhibit at the Sullivan County Museum in Hurleyville in recognition of that war, and to honor that generation who willingly offered their services to preserve the ideas and principles of Western Democracies. Long overshadowed by the interest and nostalgia generated over the American Civil War and the memories of later global conflicts, the sacrifice made by this generation during the years of World War I was no less absolute and for some, no less supreme. Of the over 1000 Sullivan County men who served in our nation’s armed forces during the World War, seventy-seven died during the years of 1917 and 1918. Amongst that number is one of Hurleyville’s sons: Charles Edward Cross.

Charles Edward Cross was one of the seven children of Edward and Lilly Cross. Born at Hasbrouck in 1891, the brown haired, blue eyed youngster grew up to be on the tall side. Never married, he gained employment working as a mason. When his father was tragically



PHOTO PROVIDED

The Sullivan County Historical Society has erected a special exhibit at the Museum in Hurleyville to honor World War I veterans.

killed by the trains outside of Hurleyville in 1909, he remained at home with two of his older brothers to help support their mother. After the nation joined its European allies overseas to repel the German Kaiser’s invaders, Charles was inducted into military service on February 25, 1918. Assigned to a machine gun regiment, he departed overseas on April 16, joining the 306th Infantry of the 77th Division of the American Expeditionary Force.

By early August of 1918, the German offensive drive toward Paris had petered out, its armies spent from the carnage of four years of fighting. As the German army retired from the front, French and AEF divisions, including the 77th, began

pursuit operations, known as the Oise-Ainse Campaign. Still, the Germans stubbornly contested the onslaught. On August 28, German resistance finally broke under the relentless pressure, allowing Allied forces to cut through the German lines.

In early October, Lilly Cross received a telegram from the War Department stating that her son was missing from the front. Known to be amongst the forces involved in the Oise-Ainse Campaign, and since no evidence of his whereabouts were found, he was assumed to have been captured and made a German prisoner. However, two weeks later, local newspapers reported the true nature of Charles’ disappearance; he had been killed in

action on August 28, just seven days after his 27th birthday.

Throughout our nation’s history, certain generations have been asked to take up arms to face the uncertain dangers of the battles of their time. They did so nobly, unselfishly, and for a few, tragically. The life-story of Charles Edward Cross, like the other 76 Sullivan County boys who perished during the world’s first world-wide conflict, is sadly short. What each boy may have achieved given a full life had they not had the misfortune to be part of a generation condemned to war, will never be known. This August 28 marked the 100th anniversary of the death of Charles Cross. Though his remains are interred in the Oise-Ainse American Cemetery in France, near where he died, Charles’ mother memorialized her son on the family monument at the Hurleyville Cemetery with the following inscription: “He gave his life for his country.”

The World War I exhibit at the Sullivan County Museum is the work of Historical Society volunteers and features collections from the Society’s archives, as well as material and artifacts on loan from the Time and the Valley Museum, Ruth Huggler, Lynn Priebe and Harold Gold. It will remain until Armistice Day (Veterans Day) in November.

Catskill Resort Museum Would Memorialize Hotels and Celebrate Healing

ELLENVILLE – Elaine Grossinger Etess can’t understand why someone with deep pockets hasn’t gotten behind a Virginia man’s vision to build a 42,000-square-foot museum dedicated to the famous Catskills resorts in the so-called Borscht Belt.

“It would be a crime if this isn’t made part of the legacy of the area,” said the granddaughter of Selig and Malke Grossinger, who decades ago built one of the world’s most famous resorts in Sullivan County.

Mrs. Grossinger Etess, 90, watches with interest from Boca Raton, Fla., as her Sullivan County home base continues to grab headlines, especially now that Resorts World Catskills, a full-scale casino, has opened at the site of the former Concord Resort Hotel in Kiamesha Lake.

In its heyday, Grossinger’s rivaled the Concord, drawing 150,000 guests each year. It even had its own airstrip and was the first resort to introduce artificial snow in 1952 as a way to attract winter guests.

Mrs. Grossinger Etess’ mother, Jennie, is credited with putting the resort on the



PHOTO PROVIDED

An architect’s rendering of the proposed \$50 million Catskill Resort Museum.

map and turning it into an international destination that catered to Jewish-American clientele and attracted movie stars, prize athletes and even presidents and diplomats. Mrs. Grossinger Etess later ran the resort with her brother, Paul, until it was sold in 1985.

“The proposed Catskill Resort Museum should have a beautiful home, so it becomes part of the legacy—not only of the Jewish people, but of the resort and entertainment industries in this country,” she said.

The vision belongs to Ellenville native Jack Godfrey, a retired businessman, who settled in Virginia Beach after selling three successful restaurants.

Mr. Godfrey, whose parents operated a hotel in Ellenville, first conceived the notion 20 years ago during a chance meeting with a friend at his bagel shop in Orlando, Florida, but it wasn’t until 2010 that he really began driving it.

Not only has Mr. Godfrey laid out a comprehensive plan for the project, he has formed a five-member board of trustees, built a website and has in hand an artist’s rendering of what he envisions as an interactive, “Disney-esque” museum that would include a comedy hall of fame, large exhibition hall and 400-seat theater.

“Either do it right, do it big or go home,” said Mr. Godfrey, who estimates it would

take \$50 million to build. “You’ve got to make the museum state-of-the-art. You’ve got to have something with the ‘wow’ effect. I want that experience to be exceptional and unforgettable. It’s about creating that special feeling.”

So far, he has raised \$35,000. Board trustees believe in the project so much that they took \$80,000 out of their own pockets for public relations, the architectural rendering, website and fees to become a nonprofit organization.

Mr. Godfrey has his heart set on the site of the former Wayside Hotel, a parcel in Ellenville’s business district. He met with the owners seven years ago and remains hopeful that the museum will one day rise on the empty lot.

In the meantime, he has conferred with leaders of other museums, including the National Museum of American-Jewish History in Philadelphia and researched a potential market. Based on his findings, Mr. Godfrey claims that the Catskill Resort Museum could easily draw 100,000 guests to Ellenville

CONTINUED ON PAGE 5

The Scene

Music and Entertainment
in and around
Hurleyville



by Jane Harrison

I, for one, will be glad when things slow down a bit this month. Looking back, July and August are just a blur of frenetic activity, almost as if we all knew those balmy, often rain-filled nights would be coming to an end a lot faster than we would like. I won’t say they are completely over just yet, but at a late August private outdoor party, most were wearing jackets; 58 degrees at 9 p.m. is not balmy.

I was in attendance at the Hurleyville Museum for Slam Allen’s question-and-answer appearance interspersed with his brilliant guitar work. I learned a great deal about his inspirations, his early life, even his given name (which happens to be Harrison). He was very candid, answering all questions from the audience.

A few days later, I was in the audience at Heartbeat in Grahamsville for his full concert, which was quite different from the performance I saw at the Double Top the previous month. The man is truly an entertainer. He’s off to Switzerland now for a few weeks, to share his talent and that amazing Blues guitarwork.

Sara Hulse was performing at Cabernet Frank’s August 26 Sunday Clambake. I had run into her a few weeks ago and we had had a rather lengthy conversation about the changes in her life and the change she had made musically, and she was very anxious for me to hear this new duo she formed with a guitar-and-fiddle-playing man by the name of Brendan Gosson. That Sunday was my chance. The only way I can describe this is the melding of the actual instruments, and mind you there is only what she is playing and what he is playing, that meld into a rich velvety depth that her voice and lyrics float into and above at precise intervals which draws the listener in. I have always had the greatest respect for Sara as a solo artist and songwriter, but this, this is why she has all but disappeared from the local scene because she has been so solidly sought after and booked into festival after festival. The formula is right, and the cake is delicious.

Sara was telling me that The Cornstalk Blues and Folk Festival in Tunkhannock, Pennsylvania would be the next festival she was booked into over Labor Day weekend. That is a bit far for me for a day trip, but it might be one to consider for next year. Checking out their line up for this year, there was MIZ booked into that same festival. If the two of them are any indication of the quality of talent this festival attracts, then I have to pay attention.

MIZ, as you may recall from previous columns, is one fine guitarist and a memorable songwriter. I believe one of my quotes was “Catch him in small venues while you still can.”

Every Monday
Dutch’s Open Mic: 205 Rock Hill Dr, Rock Hill, 7

p.m.
Slam Allen will be touring in Europe for the first two weeks in September, and will be returning to Bar 360 at Resorts World Catskills with a full concert on Friday, September 14 at 10 p.m.

Tuesdays
Every Tuesday: Odd Tuesday with The Greater Sullivan County Search and Rescue Orchestra (Joanna Gass, Steve Schwartz, Kenny Windheim, and Eric Neis), Brew, 280 Rock Hill Dr, Rock Hill, 5:30 - 8:30 p.m.

Wednesdays
Every Wednesday: Cab’aroke at Cabernet Frank’s; 38 Main St, (Exit 98 off 17W) Parksville; 6 -11 p.m. Come in costume!

Heartbeat, the Music Hall of Grahamsville: Open Mic; 304 Main Street, Grahamsville. Come join the most exciting new venue in Eastern Sullivan County.

Every Thursday: Cabernet Frank’s Open Mic; 38 Main St, (Exit 98 off 17W) Parksville

Sept 9 & Sept 13: Hosted by Fisher and Kean

Sept 20 & 27: Hosted by Little Sparrow

Fridays:
Every Friday: Sorella: Jazz Standards with DeFino and Ravdin, and great Italian food! 6 – 9 p.m., 3562 State Rte 55, Kauneonga Lake

Slam Allen in concert at Bar 360; Resorts World Catskills; 10 p.m. - 1 a.m.

Cabernet Frank’s, 38 Main St, (Exit 98 off 17W) Parksville:

Sept 7: Janet Bergan

Sept 14: Alyx Coe

Sept 21: Fisher and Kean

Sept 28: Tuffy and the Minettes

The Pickled Owl, 218 Main Street, Hurleyville:

This venue regularly stops Friday night live music after Labor Day, but Saturday nights continue going strong.

Saturdays:
Every Saturday: Sorella: Jazz Standards with DeFino and Ravdin, 3562 State Rte 55, Kauneonga Lake; 6 – 9 p.m.

Pickled Owl, 218 Main Street, Hurleyville; 6 – 9 p.m.

Sept 1: Chrissy Aliventi

Sept 8: Marc Delgado

Sept 15: Albi

Sept 22: MIZ

Sept 29: Steve Mulvaney Duo

October 6: Marc Delgado

Cabernet Frank’s, 38 Main St, (Exit 98 off 17W) Parksville 7PM

(These are the confirmed so far for Saturdays. Please check their Facebook page for additions)

Sept 29: The famous Briani Maxwell in a Drag Extravaganza. (Don’t you just LOVE Theatre People!)

October 3: Tuffy and the Minettes

Every Sunday

Music Where You Least Expect It: 11 a.m. –1:30ish, DeFillipis Bakery, 506 Broadway, Monticello

The Dancing Cat Saloon: #SHINEON, Jazz Brunch, 11-2, 2037 State Rte 17B, Bethel

Until next time...

Sullivan 180 Hosts Healthy Living Festival

At SUNY Sullivan

LOCH SHELDRAKE – Sullivan 180, a non-profit organization born out of a grassroots effort to build a healthier Sullivan County, is excited to announce its first annual Healthy Living Festival “Building a Healthy Community, One Degree at a Time,” full of fun ways to learn about good health in an environment that includes music, delicious food, workshops, educational presentations, children’s games and more.

The Healthy Living Festival will be held on Sunday, September 23 at SUNY Sullivan from 11 a.m. – 4 p.m., rain or shine. Attendance is free and it should be a fun-filled day for all. For more information, visit The Sullivan 180 website at www.sullivan180.org.

“Healthy Living Through Movement,” a keynote presentation by Lee W. Jones, PhD, a nationally renowned speaker and researcher on the connection between activity and good health, will be held at the SUNY Sullivan Seelig Theatre at 12 noon.

There will be activities for all age groups from children through seniors. Attendees will be able to choose from an assortment of workshops in-



PHOTO PROVIDED

Lee W. Jones, PhD will discuss the connection between activity and good health as part of the Sullivan 180 Healthy Living Festival.

cluding financial literacy, cyber bullying, cooking demonstrations, meditation, dance fitness, sound healing, community acupuncture, martial arts demonstrations, tai chi, a youth basketball clinic and much more. Live music will be provided throughout the day. Health screenings and health education and more than two dozen exhibitors will provide information. Food vendors will provide healthy and delicious options for purchase.

Other special features in-

clude Warrior Kids and Ayo Jam demonstration, a Martial Arts demonstration by Moo Duk Kwan Academy, the Arrive Alive Impaired Driving Simulator, Delaware Valley Raptor Center presentations, as well as additional activities.

Free shuttles from Fallsburg, Monticello and Liberty to the festival and back will be available for those who would like a ride throughout the day.

This event is being sponsored with support from Catskill Regional Medical

Center, Catholic Charities Community Services, Crystal Run Healthcare, Fidelis Care, Gerry Foundation, Jeff Bank, Rolling V Bus Corporation, Sullivan County Democrat, Sullivan Renaissance, SUNY Sullivan, The Center for Discovery, Times Herald Record, Touro College and We Care Transportation. If you would like to become a sponsor, please call the Sullivan 180 office at (845)295-2680.

CATSKILLS READERS’ THEATRE PROVIDES UNIQUE PERFORMANCES

by Heather Gibson

HURLEYVILLE – I recently had the pleasure of sitting down with Bunny Woloszczack and Albee Bockman proud members of Catskill Readers’ Theatre, a small company of actors formed in 2016. Under the direction of Sally Gladden, Catskill Readers’ Theatre is unique in many ways. In contrast to some other local theatre companies, it is a bit more laid back. The plays tend to be shorter, and the company focuses on body language, facial expression, the use of song and musical lyric to go along with the monologues. Sometimes they throw in a few costumes and props to enhance the performance, and once in a while they use a power point to drive home an educational message or give their audience a more visual stimulus, as their sets are simple, and not meant to be grand.

Members Sally Gladden, Bunny Woloszczack, Ellen Pavloff, Cookie House, Paul Puerschner, Albee Bockman and Peter Nastasi have performed in quite a few different venues around the county. They have performed at the Sullivan County Historical Society’s Museum, The Senior Center at The Ted Strobel Center, The Crawford Library, and The Hurleyville Arts Centre. Soon, they will be adding two more venues to their



PHOTO PROVIDED

The members of the Catskill Readers’ Theatre will honor World War I vets with a performance at the Time & the Valleys Museum in Grahamsville on November 11.

playbook. They are currently working on a 60’s Show called “The Sizzling 60s” for October 27 and 28 at The Sullivan County Museum in Hurleyville. They are also working on a children’s show, which will take place at The Fallsburg Public Library, and will include audience participation from community children, who will be encouraged to put on costumes and dance a bit. They will also be read a series of children’s classic stories.

On Veterans’ Day, November 11, (formerly known as Armistice Day), they will be performing “WWI” an educational and emotional journey through the days and nights of World War I. You

won’t want to miss this, as it includes the reading of war letters from some of our very own Sullivan County veterans. This will take place at Time and The Valleys Museum in Grahamsville.

Ms. Woloszczack’s face lit up when she spoke about “Aging Ain’t for Sissies.” She said that participating in that production was “a real hoot.” It was humorous and a great deal of fun. Mr. Bockman agreed, adding, “We really do a lot of laughing when we get together, don’t we?”

“I was a part of Sullivan County Dramatic Workshop for over 30 years, and I loved it, but sometimes being a business owner got in the way

of rehearsals and shows,” Mr. Bockman says “I enjoy this type of theatre because I find I can better meet the commitment needed. It’s fun, with great camaraderie among members. I like the small audiences we perform for, and I find as I (ahem... ahem) AGE, it’s a little easier for me to actually remember my lines.”

You can follow Catskill Reader’s Theatre on Facebook. If you are interested in seeing a show, they are “Donation Only” in order to make performances affordable for the community. If you are interested in giving acting a whirl, please contact Sally Gladden gladsally@gmail.com. The group is always looking for new members.



PHOTO PROVIDED

Rick Schafstein, Heather Strauss, Taylor Lamerand, Derk Vanwolde, Jr., and Kim Schneeberger (L – R) star in the Sullivan County Dramatic Workshop’s “The Game’s Afoot.”

Murderously Funny Mayhem at the Rivoli

SOUTH FALLSBURG – Suspense, laughter, plot twists and turns, a mansion full of guests, and Sherlock Holmes – a witty, fast-paced “whodunit” is about to set foot onstage for six performances September 7-9 and 14-16 at the historic Rivoli Theatre in South Fallsburg with Ken Ludwig’s murderously funny, “The Game’s Afoot.”

The Sullivan County Dramatic Workshop has been providing quality, award-winning Community Theatre in the Catskills

since 1950. In its latest offering, it’s Christmas Eve of 1936, and William Gillette, an eccentric actor best known for his portrayal of Sherlock Holmes, invites friends to his Connecticut mansion. During the evening, someone comes up murdered and Gillette goes into his Holmes persona in an attempt to “solve the crime.”

Will you figure out “whodunit?”

Under the able direction of Kim Schneeberger and Harold Tighe, the talented

cast features Alan Charney, Taylor Lamerand, Ellen Pavloff, Kim Schneeberger, Rick Schafstein, Constance Slater, Heather Strauss and Derk Vanwolde, Jr. Lillian Tighe is Producer, Jim Schmidt, Technical Director, Jim Fedroff is Stage Manager with Set Design by Harold Tighe and Costume Design by Ed Berens.

Performances are Friday and Saturday nights, September 7, 8, 14, 15 at 8 p.m. and Sunday afternoons, September 9, 16

at 2 p.m. General Admission is \$15 for adults, \$12 for seniors (60+), students (with valid ID), military and veterans. Tickets will be available for all performances at the Box Office one hour prior to curtain or can be purchased online in advance. For information, log onto www.SCDW.net or phone (845) 436-5336. “The Game’s Afoot” is sponsored by Harold and Lillian Tighe and produced by special arrangement with Samuel French, Inc.

FCSD Welcomes New Interim Principal at FHS

FALLSBURG-- Fallsburg Central School District (FCSD) is pleased to welcome Dalila Serrano as Interim Principal at the Fallsburg Junior/Senior High School. After approval by the Board of Education on August 1, Ms. Serrano was in her new office bright and early the next morning. She is enthusiastic about working with the staff, students and parents in the Fallsburg community. As a child, her family spent several summer days in nearby Swan Lake, and she learned to appreciate the climate in the mountains and the changing seasons and scenery.

Ms. Serrano received degrees from Hunter College in New York City with a B.S. in Health Education and Counseling; and an M.S. in Special Education. She earned an Advanced Certificate in School Administration and Supervision from Brooklyn College of the City University of New York.

She has been teaching and administering in the public school system since the early 1990’s. Her administration service includes serving as a high school Dean of Students, Assistant Principal of Administration, and, most recently, Assistant Principal at Monroe-Woodbury High and Middle Schools.

One of her earliest experiences as a new Health Education teacher was co-teaching with a Special Education teacher. Ms. Serrano was immediately inspired by how this teacher

worked with children with various learning complexities. She was sensitive to the needs of these children before she entered this classroom because one of her children was diagnosed with autism at a very early age.

Fallsburg’s Interim Principal has loved being in the service of children.

“We may not be able to change the world,” she says. “But we can motivate children to effect change.”

She was ready for this new challenge when the colleagues at Monroe Woodbury encouraged her to apply for the job at FCSD.



PHOTO PROVIDED

Ms. Dalila Serrano is the newly appointed interim principal at Fallsburg Jr/Sr High School. She began work on August 2.

Ms. Serrano researched the demographics in the District, and she was drawn by the diversity of the children. Increasing parent engagement in the schools is a major objective, and, as fully bilingual, she can speak with proficiency to English and Spanish speaking families.

Other goals of Ms. Serrano are improving student achievement scores and involvement in the school. In her words, “We have the power to impact student lives. They can set new norms for their siblings; they can bolster their employability, and learn about good health care and better living.”

She looks forward to making good connections with students and parents. “A little effort now will have great benefits in the future” is Dalila Serrano’s motto for her new position.

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From the Firehouse

by Jack Halchak, Past Chief H.F.D.



The Hurleyville Fire Department is always looking to recruit new members. You can stop in on any Monday evening at 7:00PM to get an application or see what we are all about. If you don't want to fight fire we can use fire police or you can work behind the scenes and support the front line fire fighters. We do more than just fight fire. We even provide all of your training and gear for free.

As you are reading this is might be starting to get a little cooler. Now is the time to think about the yearly maintenance on your home heating device. Get your chimney cleaned, your furnace cleaned, check the gasket on the wood burning stove or pellet stove and have an over-all inspection of your heating units.

By the way did you check your emergency flashlight batteries like I asked you to? What are you waiting for? Get it done! Did you look into a hand crank radio/flashlight unit?

Let's be proactive and get ready for the cold now not when it is here.

September also marks the remembrance of 9/11. The Monticello Fire Department will host a Memorial Service on Tuesday, September 11 at their firehouse at 7 p.m. The Wurtsboro Fire Department will also host a Memorial Service; firefighters will meet at the firehouse at 6:45 p.m. and march up to the park in town for the service.

The fire department held their annual family picnic on Saturday, August 4. Well over 100 members of the Fire Department, ladies auxiliary and their families enjoyed a beautiful day, comradeship and a delicious meal. Many people showed early for lunch. After the evening meal it was time for awards.

Roy "Porky" Worden was presented a 50-year certificate from the Hud-



PHOTO PROVIDED
Hurleyville firefighter Josh Colon, who earned the department's most prestigious award, "Firefighter of the Year," poses with his plaque. George Gibson, Alan Price, and John O'Neil (l-r) look on.



PHOTO PROVIDED
Ladies Auxiliary president MariJane Conklin (right) presents Pat Gibson a 50-year Ladies Auxiliary pin



PHOTO PROVIDED
Hurleyville firefighter Porky Worden (left) is presented with a 50-year certificate from the Hudson Valley Volunteer Firefighter's Association by Past President of HVVFA Nelson Durland and HVVFA delegate Charlie Payne.

son Valley Firemen's Association by Past President of HVVFA Nelson Durland and HVVFA delegate Charlie Payne.

The President of the Ladies Auxiliary, MariJane Conklin presented numerous years of service pins with a 50-year pin presented to Pat Gibson.

The attendance award was presented to Lori Feldman and Devin Knight by

the Fire Department line officers.

The Community Service Award was given to Mike Shapiro. This is an award that is given to someone, a number of people, or a company that has given continued support to the fire department the last year or for many years. Mike is our sound man. He sets up the sound system for all of our events. There is nothing worse than waiting all day for the results of a contest and then not being able to hear the results. Mike makes sure that doesn't happen with his expertise in setting up the sound system.

Dave Falkenmeyer of D & M signs was made an honorary member of the Hurleyville Fire Department and was presented a

Fire Department badge by the officers. Dave has lettered our apparatus and did an outstanding job of lettering and putting murals on our bus.

Then the most prestigious award "Firefighter of the Year" was presented to Josh Colon. Josh attends just about every drill, meeting and special details all year long without question. He is always ready to pitch in on any task and is a hard worker at a fire scene. Congratulations Josh: well deserved!

On Saturday, September 8, the Fire Department will travel to Roscoe for the Annual Sullivan County Volunteer Firefighter's Association parade. The parade will start at 3 p.m. with awards in the early evening. Hope to see you there.

FROM THE FILES OF...

THE HURLEYVILLE SENTINEL.

The Only Newspaper Published in the Town of Fallsburg

COMPILED BY FRED FRIES FROM THE ARCHIVES OF THE **Sullivan County Historical Society**

August 12, 1938

Another Hearing Set for Sheldrake Sewer System

The public hearing on the establishment of a sewer district for Loch Sheldrake was held at the office of the Town Clerk in South Fallsburg on Tuesday evening with nearly one hundred persons present. Testimony will be continued at a meeting to be held next Tuesday, August 16.

William H Larkin, of Albany, district sanitary engineer, testified to the advisability of the new system. Joseph Yavorofsky, owner of the Loch Sheldrake Inn and Al Sakofsky, druggist and influential business man there, were also important witnesses for the petitioners. Hotel Evans and the Victoria Mansion, the principal objectors to the proposal, have retained Isadore Rothenberg and Harry M Beck as counsel. Lazarus I Levine represents the petitioners.

The estimated expense of constructing the system to be established, including sewers, treatment beds, and disposal plant is approximately \$65,000.

Car Crashes Into Front of Local Store

Loss of his driving license and a fine of twenty-five dollars was the penalty imposed upon Mike Slipchuk, 54, of Thompsonville who pleaded guilty to drunken driving when he was arraigned before Magistrate Moses L Kove on Wednesday afternoon as a result of an accident in Hurleyville the previous evening.

Slipchuk, driving an Oldsmobile coupe, struck a car driven by Leo Kreigel of the Bronx and then crashed into the front of one of the stores in the Ben Shmargon building. Mrs. Sophie Kreigel, one of six passengers in her son's car, suffered bruises and shock, but others escaped injury. Sergeant Mangan and Trooper William Elliot of the State Police investigated the crash and escorted Slipchuk to the County



PHOTO PROVIDED

The Hotel Evans in Loch Sheldrake (shown circa 1940) was one of the major opponents of a new Loch Sheldrake Sewer District in 1938.

jail where he was confined overnight.

August 19, 1938

East Pond May Supply Water For Fallsburg District

If a survey now underway deems it advisable, the newly established water district of South Fallsburg may be offered a water supply from East Pond, which for the past twenty-five years has been the source of water for the community of Woodridge. The pond is located between Old Falls and Woodridge on top of the Gardnertown Hill and should the survey reveal ample water for both the villages, a substantial saving could be offered to the new district. Under the present proposed plans for the establishment of the Fallsburg district, a sum of \$120,000 has been estimated as the cost of drilling wells, acquisition of water rights, construction of reservoirs, purification treatment, water mains, distributing pipes and hydrants.

The gravity flow from East Pond to South Fallsburg would eliminate necessity for a pump house, proponents of the plan point out. A filter system at a cost of approximately \$40,000 would be put into operation, it is stated by authorities.

Sewer System Fight Continues

A second session of a public hearing on the pro-

posed sewer district for Loch Sheldrake was held on Tuesday night before members of the town board with proponents of the plan once more offering testimony as to the necessity of a new sewer system at Loch Sheldrake. Three hotel owners who testified to the inadequacy of their cesspools were Anne Goldberg of Goldberg's Lake View; Jack Saltzman of the Overlook House; Sam Rochefsky of the Lakeside Hotel and Aber Resnick, garage man. They were followed by A. H. Okun, engineer, who stressed the fact that the soil in that region was so non-absorptive that even though huge cesspools were built for each hotel and cleaned regularly, the result would not prove satisfactory for any length of time.

On next Tuesday, objectors to the plan will testify before the town board. They are to be represented by Harry M. Beck of Liberty and Isadore Rothenberg of Monticello. Lazarus I. Levine is attorney for the petitioners.

Two Fallsburg Roads On WPA Project List

Among six new WPA projects receiving Federal approval is the improvement of two roads in the Town of Fallsburg. The job is expected to give employment to twenty-five men, it was announced. One is the Mitteer Road, near Hurleyville, the other is near

Woodridge.

Known as roads Thirty-nine and Forty-six, the highways will be reconstructed to withstand heavy traffic. In both instances, the roads will have their stone bases reinforced, shoulders, ditches and banks rebuilt and will receive macadam tops. The Federal government has allotted \$8,420 for the week. The township will contribute \$7,106.

August 26, 1938

Fallsburg Water Company Purchased Tuesday for \$13,750

At a special meeting of the Town Board on Tuesday evening at South Fallsburg, a resolution was passed to purchase the present system of the Fallsburg Water Company for the sum of \$13,750. The action will end a lengthy controversy between owners of the water company and proponents of a newly created water district in the village.

The new district will take title to the system on October 2, 1939, approximately the time in which the new wells to be dug for the district will be completed. Meanwhile, the present plant will supply water to the village at the same price as in previous years. Owners of the system valued it at \$29,000, while the Public Service Commission set the value at about \$25,000.

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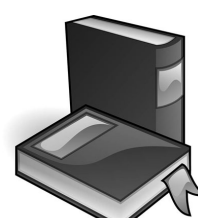
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FROM THE FALLSBURG LIBRARY

by Kelly Wells & Amanda Letohic



We wanted to start off this month by saying a huge "thank you!" to all of you who helped make our summer reading program so successful this year. Those signed up for summer reading this year reported that they read more than 1,700 books over a 6 week span – that's more than 280 books read each week.

We had a great time with all of our program presenters – which were made possible through a grant received from Assemblywoman Gunther – and we really enjoyed hanging out with the Boys and Girls Club summer camp at Morningside Park on some rainy afternoons. Once again, thank you for a great summer and we can't wait

for next year!

As we say goodbye to the summer and everyone starts to get ready for back to school, we wanted to remind you that September is Library Card Sign-Up month. A library card is the most valuable card in your wallet, and is a "must have" back to school supply. With a Fallsburg Library card you'll have access to tens of thousands of books within the Ramapo Catskill Library System (47 member libraries), thousands of movies, and e-books. Your library card will also give you access to a variety of online databases which can aid you and your child in their various school projects. To see what databases we have to offer just go to our website, www.fallsburglibrary.org

and click on the 'Research' tab, then click on "Databases." Start the school year off right by getting your library card today! In the meantime, check out these great programs we have coming up in September – and as a reminder, all of our programs are FREE and open to the public.

On Wednesday, September 19 at 7 p.m., bring the family to make candy apples!

Kids ages 6+ are welcome to come in on Thursday, September 20 at 6 p.m., as we restart our S.T.E.A.M. Programs. We'll be making an apple volcano.

September 26 at 7 p.m. is our Teen Night for ages 11+. Stop in and make your

own apple cinnamon scented soap.

Adults ages 18+ can come in on September 27 at 7 p.m. to make an owl out of a wood slice.

Monday, September 17 kicks off our Children's craft night, again at 6 p.m., and our Preschool Story Time starts up again on Tuesday, September 18 at 10 a.m.

As you can see, we have many great things coming up at the Fallsburg Library. Some programs have limited spots, so please call, email, or stop in to sign up. Here's a reminder of our contact information, call: 845-436-6067, email: fbr@rcls.org, stop in: 12 Railroad Plaza, South Fallsburg, NY or follow us on social media!



HURLEYVILLE MARKET ON MAIN

The Hurleyville Market is a warm and welcoming gathering space on Main Street. Open 7 days a week, the Market offers artisan breads, baked goods, locally roasted coffee, specialty and organic items, and a variety of handmade gifts.

238 Main Street, Hurleyville, NY | Phone: (845) 707-8434
Facebook: @HurleyvilleMarket

FLIGHT OF THE FOX

The following is an excerpt from the 2018 novel, *Flight of the Fox*, written by part-time Sullivan County resident, Gray Basnight and published by Down & Out Books. The thriller is partially set in the town of Bethel and the 1969 Woodstock Music Festival is an element of the plot. See the display ad elsewhere in this edition for book signings scheduled in this area.

Chapter Three

Saturday Afternoon, July 20, 2019

Sam Teagarden's House, Bethel, NY

Sam Teagarden mistook the tiny drone for a hummingbird.

Sitting on the sundeck near the bird feeder filled with sweet red liquid, he was accustomed to the motorized sounds of ruby-throated visitors. Yet there was something about the

revved-up buzz of this particular bird that was not natural. Whatever it was, that unnatural—something—drew his attention from the unopened manila envelope at the top of the snail-mail pile he'd picked up at the rural post office an hour earlier. Glancing at the dangling feeder, he saw that the muted mechanical whirr was not coming from a hummingbird at all. It was a compact helicopter about the size of a baseball, hovering just beyond the railing.

His second mistake was to assume it was a toy.

"Well, hello there," Teagarden said. It held steady, as though watching him.

He leaned from the round table to peer through the gaps in the sundeck floorboards. He expected to see the shadowy outline of the boy who lived on the other side of the wooded lot.

"That you Billy? You down there playing a trick

on old Abe?"

Eleven-year-old Billy Carney enjoyed sneaking up, squirting a water pistol, and calling him "Old Abe," because he had a beard similar to President Lincoln's.

"C'mon up here, Billy. Let's chat some more about the great mysteries of mathematics." But there was no answer. "Hey, Billy the Kid—you down there with your remote control?"

Still no response.

The glare of the afternoon sun made it difficult to see. He scanned the yard's edge and tree line of the adjacent undeveloped lot. No Billy there either.

His voice, however, did cause movement. It awakened Coconut, Teagarden's old and overweight yellow Lab who had the good sense to be lounging in the shade of the screened-in porch adjacent to the sundeck. Hearing his owner call Billy, and knowing perfectly well who

Billy was, Coconut rose and lumbered to the screen door where he, too, took interest in the hovering device.

"Oarff." His tone held more idle curiosity than canine threat.

Beyond the railing, the drone appeared to hear Coconut's languid bark and reacted by climbing to a higher angle at the edge of the table's umbrella shading Teagarden's papers and laptop. It was almost as though it were trying to gain a view without glare.

Teagarden watched it glide back and forth. He saw then that it couldn't possibly belong to Billy Carney because it was certainly no toy. It was a complex device, delicate but substantial, engineered with metal parts affixed by miniature rivets. As a mathematics professor and numerical analyst, he couldn't help admiring its perfect geometry. The body was little more

than the open frame of a three-dimensional diamond, nearly like a lighter-than-air box kite. A camera lens hung in the geometric center that looked like a manic little techno-fetus as it feverishly spun 360°. Short twin antennae protruded at the front and a trio of rotor blades held it aloft, each tilting independently to adjust for wind or, in this case, the afternoon sun.

"Oarff," the Labrador complained again, more forcefully than before, his tail vigorously wagging.

"Don't ask me Coco, I've got no idea what the damn thing is." Teagarden stroked his beard. "Some practical joker, I guess. Or maybe the news media are getting ready for the fiftieth anniversary of Woodstock. It's going to be particularly noisy around here with old hippies and eyewitness TV crews for the next few weeks. Reporters will probably want

the usual interview with me as the Woodstock baby who was born while Country Joe was singing 'gimme an F, gimme a U, gimme a C, gimme a K.' And all the old hippies will be blasting Hendrix and Santana. So we might as well get used to it, just like I might as well get used to the idea of being half-a-century old."

Teagarden checked that the water bowl on the deck was full and within easy reach for the fifteen-year-old dog who couldn't walk without severe pain. Unfortunately, for this sweet boy, the time had come. These were their final hours together. He had a vet appointment in two days from which he'd return home alone. He rubbed his own aching knees, still hurting since the auto accident the previous winter, then rose to open the screen door and admit his beefy dog onto the sundeck.

"C'mon, Coco. If that thing gets in the house it'll try to mate with the microwave. We may never get rid of it."

That's when the drone fired.

Phfft!

Sam Teagarden couldn't know if Coconut jumped to protect his master, or only to smooch. Prior to suffering from crippling arthritis, it had always been the dog's nature to jump and smooch. Besides eating and sleeping, smooching was his favorite activity. When that big dog rose on his hind legs to brace his front paws on the chest of any willing human,



PHOTO PROVIDED

Excerpt Copyright © 2018 Gray Basnight. Used with permission of Down & Out Books.

he was nearly at face level with all but the tallest people which allowed willing victims to engage in interspecies exchange of saliva. In this case, when Coconut jumped, it knocked Teagarden a step backward.

A moment later, the drone fired a second time.

Phfft!

And for a second time, without yet realizing it, Teagarden had his best friend to thank for saving his life. Despite his arthritic hips, the dog jumped higher, and intentionally or not, took the second round in the back, loudly yelped, gasped for air and fell dead. Teagarden dropped to his knees to cradle his dog at the moment

the third round was fired.

Phfft!

Instead of slamming his chest, it struck the cedar clapboard behind him, next to where the first round landed. Whatever type of projectile it was, it released a clear liquid that cauterized the timber, turning it white as it oozed down the wall.

To read more about Sam Teagarden, "the Woodstock baby" and his thrilling flight from clandestine assassins, purchase *Flight of the Fox*, by Gray Basnight, published by Down & Out Books. Available in paperback or as an e-book from Amazon, Barnes & Noble and from the publisher.

EMS Beat

by Albee Bockman, AEMT-P

"ASA 81 MG; YES OR NO?"

In recent years, there has been so much publicity on television and other media outlets about the benefits of a "baby aspirin" in your daily regimen. And those individuals most in need of the therapy are easy to identify. Ready for this? If you have a personal or family history of heart disease, a prior heart attack, a stroke, history of angina, diabetes, high blood pressure, high cholesterol, OR A SMOKER, you more than likely would benefit from a daily dose of an 81 mg aspirin.

Conversely, it is also easy

to identify those individuals who probably don't need to take aspirin on a daily basis. Healthy people in the 20s and 30s with no cardiac or other disease risk factors should consider the risks of aspirin therapy to outweigh the benefits. Always, always, always consult with your private physician before diagnosing yourself with any risk factor and beginning an aspirin regimen.

If you and your doctor decide that you should be taking an aspirin daily, always take what the doc prescribes. One

may think that if one pill is good, then two or three must be better. WRONG!!! Medications don't work that way, especially in the case of aspirin and other NSAIDs (Advil, Aleve, Motrin). A little goes a long way!

As with all medications, there may be some side effects. Allergy, general bleeding risk, gastrointestinal or stomach irritation are a few of them when it comes to aspirin. However, these adverse events are rare.

Not only do we know that men and women are different -- in sooooo many ways -- the benefits of aspirin also differ between the two sexes.

For men who are at moder-

ate to high risk of heart disease, aspirin use lowers risk of heart attacks 32 percent; but it doesn't lower stroke risk. For women who are at moderate to high risk of heart disease, aspirin doesn't lower risk of heart attack; but it does lower the risk of stroke by 17 percent. With these numbers, one must weigh whether there is a "net benefit" to its usage. And how do we do that? By visiting your doctor on a regular basis, have blood drawn, EKG, and Ultrasound.

Remember, Folks, you are your own best advocate. Make sure you understand your own individual potential risks and benefits if the doc advises you to take aspirin.

Now, from an emergency perspective, if you have a history of heart disease or are at high risk; and develop unexpected and unexplained chest pain that may be accompanied by difficulty breathing and diaphoresis (sweating), call 911 immediately!!! The 911 dispatcher, according to protocol, will have you take 4 baby aspirin before the Paramedics arrive. It is safe and just may save your life.

Anytime you may have a question regarding EMS related issues, please do not hesitate visiting us at Mobile-medie Headquarters on Main Street.

Stay well and stay safe, Hurleyville!!!

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MOTHER/DAUGHTER LAYOUT

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Set back but visible from the road, a mother/daughter layout provides for privacy between the downstairs & upstairs living spaces, or simply leave open as a single-family residence. First floor includes a sunlit parlor, full kitchen, dining area, living room with exposed brick fireplace, two bedrooms, a third bedroom that may be better suited as an office, and a full bathroom. Upstairs has another full kitchen, living space, 2 bedrooms & a full bathroom. Many updates! New roof, boiler, oil tank, hot water tank & interior/exterior painting. Both kitchens have been updated with new countertops & sinks. Wood floors refinished, & all carpeting is new. The bathrooms updated with new cabinets and toilets. Double-paned windows throughout support efficient winter heating.

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CATSKILL RESORT MUSEUM

CONTINUED FROM PAGE 2

each year.

According to the museum website, the mission is to "enlighten visitors of all ages... about the unique history of the Catskill resort region" and "provide a comprehensive understanding of the history of the resorts and the contributions to American culture."

The core exhibition would include photographs, videos, documentaries, music, artifacts and oral history.

Mrs. Grossinger Etess, who serves as the senior adviser to the museum's board, has worked behind the scenes to move it forward, including appealing to influential friends like TV and radio host

Larry King.

In a recent interview on NewsRadio WIOD, the legendary broadcaster and former busboy at Grossinger's, publicly endorsed the museum, calling it a "wonderful" project and urging support.

Mrs. Grossinger Etess also has bolstered the effort by appearing at the Boca Raton fundraiser, "A Night in the Catskills" in February 2017 that raised \$10,000. Another one two years earlier at the Parker Playhouse in Fort Lauderdale raised \$25,000.

"Jack's vision is so important because wherever you travel in the United States, wherever you meet people, if you mention one of the hotels, they say, 'That's where so and

so got their start' or 'Oh, we saw the best shows there,'" she says.

"We've also been hearing so much about the Holocaust survivors. They found a mecca there. They were able to come up and have a wonderful place to meet their friends and forget some of the horrors they had lived through."

Jake Ehrenreich's parents, Abraham Jonah and Bella, were among them. They survived work camps in Siberia and made it to the United States in 1949.

Mr. Ehrenreich, an author and entertainer, said his family found healing during summer retreats in the Sullivan County mountains.

"Where we hung out, you'd see numbers on someone's arm, and you didn't look twice. This was a tense time. These were damaged people, but when they got together, they could sit on the lawn and play cards, and they didn't have to be so guarded," he said. "In the city, they didn't live in the same neighborhoods and they were all working, so when they got together, it was very special. This was a place that really healed a whole population."

Mr. Godfrey takes those words to heart and says he won't give up on the museum, even as the generation that enjoyed the resorts dwindles.

"Museums are built with private philanthropy. I'm a firm believer that you've got to knock on enough doors to get a sale."

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Hurleyville 9.11.2001 Commemoration and Survivor Tree Dedication

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EIGHTH GRADE

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THREE IDENTICAL STRANGERS

The Survivor Tree seedling program was launched on September 11, 2013, by the 9/11 Memorial and Museum in partnership with Bartlett Tree Experts, of Stamford, Conn., and John Bowne High School in the Flushing neighborhood of Queens." www.911memorial.org/survivor-tree

The Hurleyville Arts Centre was gifted 3 Gallery Pear Survivor saplings to plant in Hurleyville, NY.

The Arts Centre invites you to come together to acknowledge the honor of this stewardship by attending a dedication September 9 at 1:30pm.

MOVIES!

Check Our Website For The Schedule And Showtimes For These And More!

hurleyvilleartscentre.org

1 FUTURE FORUM

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7/8/9 Sept 2018

Hurleyville Arts Centre

Hurleyville, NY

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SENTINEL SPORTS

Adele Berger, Sports Editor



SO YOU WANT TO BE A RUNNER?

by Adele Berger

SULLIVAN COUNTY – Perhaps you are interested in running road races, but you don’t know quite where to start. Read on; it’s probably easier than you think. 5K and 10K races are gaining popularity throughout the region and it’s easy to see why. Road races are a great way for organizations to raise money while promoting a healthy lifestyle, and for runners, they are also a great way to see how well you’ve been training and to meet new people. No matter what style of runner you are, you are guaranteed there is a race out there that will suit you. From longer distance 10Ks and half-marathons to the classic 5K format, there are lots of options. Some offer cross-country type courses, others tout scenic backdrops to entice runners, and there are even some that encourage you to get out with man’s best friend. The 5K format is popular throughout most races. The 5K means five kilometers, which is 3.1 miles, and the 10Ks are 6.2 miles. A half-marathon covers 13 miles. Almost every

race now has online pre-registration, and with that comes access to t-shirts and extra “swag” that you won’t get during race-day registration. For example, the Allyson Whitney 5K is run each May in Kauneonga Lake, not far from the historic Woodstock site. This race benefits research for young adults with rare cancers. The race is sponsored by the Allyson Whitney Foundation, in memory of Allyson, a young woman who was struck down by cancer at the age of 24. The organization works to raise money to help other young adults who have been diagnosed with rare cancers at that awkward stage between pediatric and adult treatment. Live music and raffles are a big part of the fun activities offered to competitors and their families. The swag bag is filled with lots of healthy treats for post-race enjoyment. The date has already been set for next year’s race, which is scheduled for Saturday, May 11, 2019. Next year’s race is being dubbed “Peace, Love, Run” in commemoration of the 50th anniversary of the Woodstock Festival. The Allyson Whitney typi-

fies so many races, which are about getting involved in community and supporting great causes in the process. Getting fit, supporting the community and having fun: not a bad way to spend a Saturday. The Chocolate 5K in New Windsor, which is organized by the Bethlehem Presbyterian Church, gives you lots of swag bag goodies, along with tickets to a fabulous post-race breakfast, complete with chocolate chip pancakes, eggs and sausage. Locals flock to the race to support the runners, and also to grab some grub at the finish line, including chocolate fountains for everyone, with various foods for dipping. For dog lovers, there is the USPCA Doggie Dash at Williams Lake in Rosendale. The Ulster County SPCA 5K fun run is for competitors who want to run with their dogs and support rescue efforts. There is also a 3K walk for those who just want to take it easy. The event boasts a post-run festival with food, drinks, doggie games and live music. Who knew running could be so much fun? While everyone likes to support a great cause, you should



PHOTO PROVIDED

Swag bags are often part of the incentives to register online for road races. This tee shirt is part of the swag for those participating in the Vintage Run in Bethel in October.

always make sure you are prepared for any race you decide to enter. Proper preparation is a key to avoiding injury and enjoying the racing experi-

ence. Local nurse practitioner Heather Guinan Clark recommends taking your time to get ready for your first race. “Staying hydrated is prob-

ably the most important thing. Cramps are so often associated with lack of proper water intake and overdoing it when you weren’t quite ready to go that

fast right off the bat,” she says. “Bananas are a great post-race snack to help with recovery so that your muscles get the potassium they require.” Ms. Guinan Clark also says to make sure you are realistic about the goals you set for yourself. “So many injuries occur when you’re not as prepared as you thought you were, especially if you are just starting out,” she says. Don’t ruin your chance at running another race by going so hard the first time out that you get hurt. Build yourself up gradually, and you will get stronger with every race. Not every race requires that you train as hard as possible. Most races have walking options and offer a mini-race for kids. Age groups are split within the open entries, so you can see how you placed overall and then within your age group. These options make it family-friendly and it’s not unusual to see families participating together, with the kids jogging and walking with one parent while the other parent competes for time. The fall looks to be a great time to race in the cooler

weather with some gorgeous fall foliage for a backdrop. Coming up on October 6, Bethel Woods is having its Vintage Run in conjunction with the Annual Wine Festival. This event offers a half-marathon and a 5K. The Kelly Memorial Police Chase, which has a 40K bike race along with a 5K and 10K road race, is held at Thomas Bull Park in Montgomery on October 7. On October 13, there will be a half-marathon and 5K in Livingston Manor, sponsored by Catskill Brewery. Craft brews and food are touted as some of the extras that will surround this fun day. Toward the end of October, there is the 23rd annual Tri-State Classic held in Port Jervis. If you are interested in getting started running, the Sullivan Striders is a local running and walking club that meets in Rock Hill and offers weekly workouts and a comprehensive calendar for events throughout the year. There is no membership fee. Visit sullivanstridersclub.org for more information.

LATE START DOESN’T HINDER RUNNER

by Adele Berger

MONTICELLO – Finding one’s passion can be difficult. Sometimes it’s as simple as stepping out of your comfort zone, and in the case of Modou Joof, it took running his first 5K race, and from that day on he has been hooked. Since that June race he has run in two 5Ks, four 10Ks, and two half-marathons, including one he just completed on August 19. Mr. Joof’s story is unique only for the fact that he was never a runner; in fact, prior to this year, he was mainly involved with soccer and that was it. Having moved to the US from Senegal almost eight years ago he stayed in his comfort zone, playing midfield on his local club team and working as a medical assistant. At 35-years old, picking up running as a hobby may seem impossible to some, but he finds it rewarding, “Running is different from soccer,” he says. “On the soccer field, your teammates cheer you on and help motivate you. When you run it’s yourself running against yourself. You have to push.” He trains an average of three to four days a week, running about six miles each session. He is known to his co-workers as having an amazing work ethic and it shows during his interaction with his clients with whom he interacts in



PHOTO PROVIDED

Modou Joof at the BATs 10K in Liberty. his job as a medical assistant. Mr. Joof put himself through school and works in a clinic with the public and with developmentally disabled clients. “We didn’t realize that he had only just started [running] this summer. He went right for it after that first 5K, and hasn’t

stopped since,” said his co-worker, Ian Campbell, “He is so humble about it.” Mr. Joof’s first half-marathon was in Callicoon during the River Run, and he says he’s always just trying to do the best he can, running against himself. He has run in the Monster 10K in Monticello, and the BATs 10K in Liberty, and has always been in the top rung of finishers. Though he has not won a race yet, he has finished as high as second and has set personal records along the way. Mr. Joof maintains a natural diet, which includes nothing extreme or fad-based, and is rich in vegetables and lean proteins. “I feel better than I ever have,” he says. “My goal is to see where I am among the best.” When speaking about his upcoming half-marathon he said: “I just want to be realistic about what I can handle for this race. I don’t have a set time.” As this article was being written, he finished fifth in the Bald Eagle Half-Marathon with a time of 1:42:23, which placed him first in his age group. As he continues to run, he demonstrates to us all that success is not always measured in winning and losing, but in how we are able work through the personal goals we set for ourselves.

SUNY SULLIVAN FOUNDATION GOLF TOURNAMENT TO BENEFIT ATHLETIC SCHOLARSHIPS

LOCH SHELDRAKE – The SUNY Sullivan Foundation will hold its 19th Annual Golf Tournament at the Tarry Brae Golf Course on Friday, September 21. The event, dubbed the “The Start of Something Great Tournament,” will raise funds for athletic scholarships. Beginning this fall, SUNY Sullivan will compete at the NJCAA Division II athletic level in Men’s and Women’s Basketball. The college has been competing for a number of years at the Division II level in baseball. Colleges participating in Division II athletics are able to provide scholarships to qualified students to help cover the costs of tuition, books, fees, and up to \$250 in course-required supplies. Additionally, the move to Division II athletics will allow SUNY Sullivan to serve dozens more students, as the college will field junior varsity teams for each Division II sport. Registration and lunch

begin at 11 a.m. with a shotgun start at 12:30 p.m. Jeff Bank is once again the tournament sponsor. Chris DePew, SUNY Sullivan’s Director of Athletics and Dean of Student Development Services, will chair the event. The entry fee for the tournament is \$120 per person and includes a round of golf, golf cart, on-course refreshments, lunch, cocktails, a delicious steak dinner, and a golf gift. Friends of the College who are not available to play golf are invited to attend the dinner at 5 p.m.; dinner tickets are \$40 per person. Golfers will also have a chance to vie for fantastic hole-in-one prizes on each of the par-three holes, including a shot at a 2-year lease on a 2018 Ford Escape, compliments of the M&M Auto Group. As always, prizes will be awarded for the top men’s and women’s foursomes. New this year is the “Ul-

timate Experience” Raffle, which provides chances to win fabulous prizes. To learn how to become a sponsor or a golfer for The Start of Something Great tournament, or to purchase raffle tickets, contact Hillary Egeland at 845-434-5750, ext. 4377 or email hegeland@sunysullivan.edu.



PHOTO PROVIDED

SUNY Sullivan Athletic Director and Dean of Student Development Services Chris DePew is chairman of this year’s Foundation golf tournament.

High-tech surveillance, predatory drones, government gone wild, and an everyman hero converge in new political thriller...

Flight of the Fox

By Gray Basnight, Sullivan County resident

September 27, 6:30 pm

Mamaking Library (Ramapo Catskill Library System) – Reading/Signing

128 Sullivan Street / Wurtsboro, NY 12790

October 21, 2:00 pm

Sunshine Hall Free Library – Reading/Signing

14 Proctor Road / Eldred, NY 12732

November 28, 10:00 am

Western Sullivan Tusten Cocheton Branch – Book Club Talk

198 Bridge Street / Narrowsburg, NY 12764

January 24, 6:00 pm

Western Sullivan Delaware Free Branch – Book Club Talk

Check with library for location

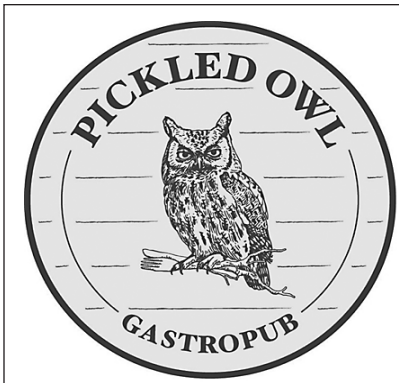
An innocent math professor tries to decode a mystery file that lands in his in-box while a team of hitmen chase him from his back porch in Bethel, NY in August 2019 to NYC and down the East Coast.

Their goal is to suppress dark government crimes from decades past. His goal is for the truth to be told. The action switches between the J. Edgar Hoover era and Professor Sam Teagarden’s decoding of the mystery file, against the 50th Anniversary of the Woodstock Festival – where the professor was born.

As the professor runs for his life, armed only with his wits and intellect, he worries whether the truth will be told, and if he’ll be seen as a hero whistle blower or a pariah. Or worse, will he end up dead before celebrating Woodstock and his own 50th birthday.

→ “*Flight of the Fox* is something of a love letter to the classic espionage thrillers of the Cold War.... This is a fun, entertaining read that flies by faster than its own predatory drones. Part chase story and part political thriller, it is the perfect summertime read for anyone worried about the machinations of the US government, especially the FBI.” -- **Foreward Reviews** (July/August 2018)

→ “*Flight of the Fox* is an explosively paranoid thriller that pays homage to classics of the genre. Basnight delivers nonstop action and an everyman hero to root for.” -- **Joseph Finder**, New York Times bestselling author of *The Switch*.



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Friday 11:30-9:30
Saturday 11:30-9:30
Sunday 11:30-9:00

*Kitchen closed from 4-5 daily
Bar stays open*