Covering Main Street and Beyond.

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A POSITIVE FORCE

TCFD's Economic Impact \$1.77B and Growing

by John Conway

HURLEYVILLE - The Center for Discovery has generated \$1.77 billion of economic activity for New York State in the past nine years according to a recently released report by an internationally acclaimed research and analysis firm.

TEConomy Partners, whose clients include universities, governments, industry, and non-profit institutions around the world, including the Human Genome Project, the Mayo Clinic, the University of Pittsburgh Medical Center, the North Carolina Biotech Center, and many other universities and academic medical centers, says "TCFD's economic impact and vision continues to be a positive force for change in Sullivan County."

And yet, the firm acknowledges in its study, "the true purpose of TCFD is not the dollars flowing within the regional economy, but it is seen in the smiles and personal growth of The Center's residents and its employees."

TEConomy found that in 2019 alone, The Center "directly employed 1,667 people, and had total operating expenditures of \$126.1 mil-

When direct, indirect and induced jobs are factored together, the report indicated, The Center is responsible for nearly 2,200 jobs in Sullivan County and just shy of 2,400 in New York State.

And the report noted that on average The Center's jobs pay considerably better than most other positions available in the region.

"The average compensa-



An architect's rendering of TCFD's Children's Specialty Hospital in Rock Hill.

tion (wages and benefits) for out that The Center expended is 29 percent higher than the salaries and benefits in 2019, county's private sector average of \$41,744, and an increase of 9 percent from the ported, while also pointing when the combined effect the firm reported.

TCFD employees of \$53,776 more than \$137 million in most of which went to Sullivan County residents.

"The Center's total eco-2016 value," TEConomy re-nomic impact is even larger

of TCFD's operations and employment (and employee spending) on other local and regional businesses are factored in—especially since 79 per cent of TCFD employees taxes" and annually pays a reside in Sullivan County,"

The TEConomy report also exploded the myth of the tax exempt property stigma by noting that TCFD "spent \$329,946 in 2019 property combined \$13.2 million in state and local taxes.

The report singled out the among the first in long term improvements The Center has spearheaded in Hurleyville over the past nine years, calling the hamlet "a model of inclusion for the rest of small town America," and highlighted the priceless national recognition the organization has brought to Sullivan County in 2020 alone.

"The Center for Discovery has garnered national recognition for its groundbreaking work and impact on the 1,200 individuals in its care reaching a broader network of foundations, donors, partner organizations, and media platforms. In late 2020, The Center was featured on CNN's Anderson Cooper 360° for its outstanding leadership during the pandemic—the pinnacle being the moment when The Center's residential care to receive the Pfizer COVID-19 vaccine," the report notes.

"The Center for Discovery was also previously featured on Good Morning America in a segment highlighting The Center's production of 'Beauty and the Beast.' And previously, The Center's President, Dr. Terry Hamlin, spoke on The Center's work and research into elopement, during an appearance on CBS News to mark World Autism Awareness Day."

Looking ahead to the construction of The Center's Children's Specialty Hospital in Rock Hill, the report concludes that when completed, the project "will bring The Center's construction and improvement investments to more than \$190 million over residents and staff became the past 30 years."

COUNTY NAMES HUMAN RIGHTS COMMISSION

unanimously appointed sev- to Sullivan County, and I'm reach experience at state and en local residents to the Human Rights Commission to serve as an advisory panel to Executive Director Adrienne

about human rights," Legis- Officer lature Chairman Robert A. had been disbanded under fighter the prior Legislature, but this

proud to say that's now happened."

The seven just-appointed members are:

Barryville resident Ari mittee Legislature was determined Mir-Pontier, an advocate for

federal levels, and former executive director of the Human Rights Commission

· Neversink resident Jack Liblick, a longtime advocate teer Board Chair of Nana's the Executive Director. The "I appreciate the willing- Harb, a deputy with the Sher- for the most vulnerable and House Child Care Center and volunteer members will not ness of this group to voluniff's Office, where he serves Chairman of the Outreach former director of human reteer for such an important as the union president and Committee of the former sources for a local nonprofit. ing the board took longer Works employee of the Vil- member of the Charter Re- for the SYDA Foundation, than we had hoped after it lage of Monticello and a fire- view Commission and Sul- former curator for an inter-

MONTICELLO - Sulli- to restore a fully functioning diversity and inclusion with dent Aaron Rabiner, a comvan County Legislators have Human Rights Commission extensive multicultural out- munity advocate and three- by their individual legislaterm trustee of the Village of tor, and the two remaining Bloomingburg

Bloomingburg resi- and world traveler

Each member was selected seats are expected to be filled Woodridge resident shortly. The board will meet Dr. Sean Wall-Carty, a col- regularly to discuss pro-· Swan Lake resident Bill lege professor, CEO/volun- grams and policy and advise conduct investigations.

job: educating the public has been a School Resource Human Rights Commission · South Fallsburg resi- hearty welcome to the new ful, healing and instrumental, about the Sullivan County Board, current Co-Chair of dent Clara Lemaire-Pratt, members of the Human providing useful input to the Human Rights Commission, Monticello resident Al the Sullivan County COV- Fine Art Curator, former Ar- Rights Commission. I look Doherty said. "Reconstitut- Dumas, a retired Public ID-19 Task Force, and past chives Department worker forward to welcoming the munity," she added. "These partments/Humanrights or Commission in person once the final members have been livan County Census Com- national fine arts gallery for announced," said Human emerging artists, immigrant Rights Commission Execu- support unity. This is so vi- com/SCNYHRC.

sen. "We will begin with 'what,' I am interested in the some trainings to set our collective compass, and off we the modeling of desired at-

"The Commission is like an organic organism of the County; it is made up of el- perfection. Of course, that ements from each district. I concept exists as an everimagine that the Commis- moving target. Therein lies sion will metamorphose over the challenge!" "I would like to extend a time into something beautigrowth of our greater com- visit www.sullivanny.us/Debusy and accomplished com- call 845-807-0189. The munity members are taking Commission is also on sotive Director Adrienne Jen- tally needed. More than the

'who,' as it is in part through tributes we wish our community to embody, that we collectively move towards

For more information



time out of their lives, to cial media at www.facebook. Sullivan County Human Rights **Commission Executive Director Adrienne Jensen**



The Inquiring Photographer

by Kathleen Sullivan



Q. What is a special moment in your life?



SHANNON PORTER

Watching my children give back kindness that they've been taught is always a special moment for me.



JOE RAUSCH

Every day is a special moment in my life.



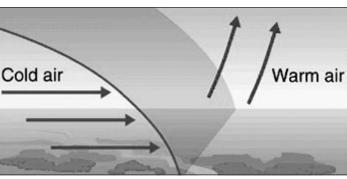
JOHN JAYCOX

The day I got married was a special moment in my life.

FROM THE WEATHER CENTER by John Simon



COLD FRONTS



fronts can produce dramatic changes in the weather. As the cold front passes, the winds become gusty, there from hours to days. is a sudden drop in temperature, accompanied by hail, thunder, and lightning.

A cold front forms when moves from northwest to a cold air mass pushes into southeast. The air behind a warmer air mass. Cold the cold front is noticeably colder and drier than the air ahead of it. The effects from a cold front can last

Since the air behind a cold front is cooler than the heavy rain, or sometimes air it is replacing, the warm air is forced to rise, so it A cold front generally then cools, as well.

THE HURLEYVILLE SENTINEL.

Covering Main Street and Beyond

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Hamlet Happenings

HURLEYVILLE

- SULLIVAN FIRST

Lots of new plants and

colorful flowers have been

added to the barrels on Main

Street and in the planters at

the entrances to Hurleyville

and at the Hurleyville Fire-

The planters and bar-

rels need to be weeded and

watered regularly. Send an

email to izzysaunt@verizon.

net if you're interested in

The signs at the entrances

to Hurleyville and at the

entrance to the Rail Trail

will be repainted this sum-

mer. The historical kiosk at

the Hurleyville Firemen's

Park is getting some needed

repairs and maintenance.

Weather-proof cabinets are

being created for the Little

Library at the Hurleyville

Please visit www.hur-

leyvilleny.com for more in-

formation about Hurleyville-

Sullivan First. You can also

HURLEYVILLE

UNITED METHODIST

CHURCH

Sunday services at the

Hurleyville United Method-

ist Church begin at 9 a.m.

Fully vaccinated churchgo-

ers do not have to wear a

Pastor Jorge is delivering

You can pray with oth-

ers over the phone on the

church's prayer line on Sun-

days from 7 - 8 p.m. The

prayer line phone number is

605-472-5491 and the access

The Bible study group

meets in the sanctuary at the

church every Tuesday at 7

Pre-made boxes of food,

personal hygiene products,

and COVID-19 supplies are

still being distributed out-

doors at the Bread of Life

Food Pantry. The food pan-

try will be open on Thursday,

July 22, and on Thursday,

The volunteers at the

church are working on a plan

to reopen the food pantry in-

doors soon.

July 29 from 3 until 5 p.m.

code is 251678.

p.m.

sermons online on Facebook

mask in the church.

at 11 a.m. on Sundays.

Hurleyville-Sullivan

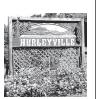
Firemen's Park.

First on Facebook.

house.

helping out.

by Kathleen Sullivan



The Scene Music and Entertainment in and around Hurleyville

highlights:

The music scene has exploded! Whether one chooses a favorite performer, a favorite group, or the variety of an Open Mic, all seem to be EVERYWHERE! I can also say with certainty, the best audience attended continue to be the outdoor venues. The

following are a few of June's

I met friends at THE PICK-LED OWL in Hurleyville for dinner, and who do you think was there with his guitar? Grahamsville's favorite son and Mr. Cool himself, ALBI BELULI. He's been playing out and about all over, but live music is still catch-as-catchcan, last minute notifications. I did not know he would be at THE PICKLED OWL but my NYC friends did! ALBI has always been an exceptional solo act. Seeing him for the first time since the pandemic drove everyone underground, I noticed his voice was a lot stronger and so was his guitar work. What I heard was the absolute joy of a musician being out with an audience for

The music of SARAH HULSE is rich and earthy, whether it's her own creation or a cover, with her lilting voice adding an ethereal quality which is totally unique. So are the instruments she has chosen, which all appear to be either vintage or handmade, and, in the case of her banjo, something handed down from her grandfather, all of which compliment her voice. All this adds up to a one-of-kind blend that kept her booked solid in Blue Grass and Folk festivals up and down the East Coast in the summer of 2019. As for a guitarist, JA-SON MOWER is one of the finest to come along in quite a while. His mastery intertwines beautifully with SAR-AH'S adding depth to the earthy and underscoring her voice. It was gratifying to see so many come out to see their first appearance anywhere since September of last year at CABERNET FRANK'S in Parksville and it had people up and dancing. Whatever your taste in music, you will love this duo. But catch them now while you can. The festivals are already knocking on

I also made it to the opening of the ROCK HILL FARMER'S MARKET, and a chance to see and hear DEB-BIE FISHER for the first time in well over a year. She too, is in fine form. She and her partner under FISHER & KEAN, recently released a double CD titled PURE LO-CAL HONEY, and premiered in the opening of HEART-BEAT MUSIC HALL right

their door.

there in Grahamsville last month. There are billboards for this CD on 17B, as well as on Route 17 on the way to Parksville. Good for them! I wasn't sure what to expect

by Jane Harrison

of THE KRISPY APPLE, just down the street in Rock Hill where CASWYN MOON and MOSHA were performing that same afternoon. I found that its being tiny does not preclude the powerful punch it delivers. Because it's small, it has a coffee-houseof-yore feel, but in a bright updated version.

Out of touch with what music is out there? These are some of my favorite Open Mics because of the variety of music and quality of the musicians. Each serves food.

DEFILIPPI'S BAKERY in Monticello: Sundays from 10 a.m. to 1-ish (indoors); 506 Main Street, Monticello

RAFTERS in Callicoon: Every Sunday (weather permitting) from 3 p.m. Strictly outdoors; 28 Upper Main Street, Callicoon

CABERNET FRANK'S in Parksville: Every Wednesday night from 7 p.m. Outdoors when weather permits. indoors when it does not; 38 Main Street, Parksville

Stay safe, stay well and ij it makes you feel more comfortable....stay masked! Until next time.....

Sullivan Renaissance Presents Tree Identification Walk At Walnut Mountain in Liberty

LIBERTY-- Did you know that there are over 100 native tree species growing in New York State? Sullivan Renaissance, along with special

of Morgan Outdoors and Kate O'Conner, Conservation Manager at The Beaverkill Valley Land Trust, will lead a tree walk at Walnut Mountain Park in Liberty. Join us on Wednesday, for the Beaverkill Valley July 7 at 6 p.m. to learn some Land Trust, and works with of the key native tree species in our area, their ecol- to supervise their Catskill ogy, and characteristics for identifying them throughout the year. Hear about invasive pests and pathogens that are affecting our forests, and become acquainted with the park's carriage roads and single-track trails that you can return to for future walks, hikes, snowshoes, and cross-country ski adven-

"We are thrilled that Lisa Lyons, a dedicated Sullivan Renaissance volunteer and owner of Morgan Outdoors will be leading us along the wide carriage trails that wind through a varied canopy at Walnut Mountain," said Cory Dame, Sullivan Renaissance Marketing and Communication Manager. "Lisa brings an adventurer's view of the nature trails in the Catskills, while Kate O'Connor brings a specialist's eye to the presentation. The combination of these two women will make for an amusing exchange of knowledge about our native trees."

Ms. Lyons is the owner of Morgan Outdoors in Livingston Manor. As an avid hiker and snowshoer, she enjoys sharing her love of the outdoors and has led outings on Walnut Mountain's beautiful, woodland trails for many years. She volunteers with the NY-NJ Trail Conference for trail maintenance in the Catskill Park. She has been a passionate Renais-

guest presenters, Lisa Lyons sance volunteer since 2002, and particularly loves working on healthy community initiatives such as trails and

community gardens.

Kate O'Connor is the Conservation Manager Catskill Mountainkeeper Stewards Program. She is passionate about studying and stewarding the forest. Prior to her current role she spent several years working on forest pest research in New York with State Parks and Cornell University's Hemlock Initiative. During her time at Cornell, Kate was an instructor of research and recreational tree climbing techniques with Cornell Outdoor Education. She climbed for a number of canopy research projects. Kate holds a degree in environmental biology from the State University of New York College of Environmental Science and Forestry. Participants are urged to

wear hike-appropriate footwear, and to pack rain gear, just in case of showers. If severe weather emerges, the walk will be rescheduled for the same time on the following Wednesday. Park at the trailhead near the pavilion on Town of Liberty Park Rd, off Route 55, Liberty, NY 12754. Light snacks will be provided. The first 20 people to register and attend will receive a gift for use on future explorations of our woodlands. Register at SullivanRe-

naissance.org or call 845-295-2445. Follow Sullivan Renaissance on Facebook and Instagram for event updates, how-tos, and ways to volunteer.



Volunteers from Hurleyville-Sullivan First added plants and flowers to the barrels on Main Street and the planters at the entrances to Hurleyville and the Hurleyville Firehouse.

tion and discuss strategy in

preparation for when the

Gan Eden Estates project

appears on the agenda of the

Town of Thompson Plan-

The developer of Gan

Eden Estates hasn't yet sub-

mitted a new DEIS (Draft

Statement) to the Town of

Thompson Planning Board

for public review and com-

The developer submitted

an application to the Dela-

ware River Basin Commis-

sion in 2017 for a ground-

water withdrawal project to

supply a proposed public

water supply system. The

application has been in

pending status for more than

Visit CHNA at www.co-

lumbiahill.org and on Face-

book to learn how you can

help to protect your environ-

ment and your community

by demanding sustainable

The Delaware Company

PRESENTS

PATRIOTS AND LOYALISTS

FORT DELAWARE MUSEUM OF COLONIAL HISTORY

ON THE UPPER DELAWARE SCENIC BYWAY
NARROWSBURG, NY

SATURDAY, JULY 10, 2021

12-3 P.M.

READING OF THE DECLARATION OF INDEPENDENCE

READING OF A TORY RESPONSE

INCLUDING MUSKETRY AND BLACKSMITHIN MUSIC AND SONG BY LINDA RUSSELL (FORMER BALLADEER AT FEDERAL HALL)

FREE AND OPEN TO THE PUBLIC*

THE DELAWARE COMPANY
OUR FUTURE FROM THE ROOTS OF OUR PAST

Impact

ning Board again.

Environmental

ment.

1,500 days.

development.

"MESSY CHURCH", Youth Group meetings and the women's group meetings are cancelled for now.

Please call Katrina at 845-436-7942 for more information. You can also get updates from the church's page on Facebook.

THE SULLIVAN **COUNTY MUSEUM AND** HISTORICAL SOCIETY

The Sullivan County Museum is still not open for inperson visits.

Volunteers at the museum work on a variety of tasks including research, creating displays, managing the vintage clothing collection and gardening. Anyone interested in genealogy and the history of life in Sullivan County can send an email to info@scnyhistory.org for information on volunteering.

Go to www.scnyhistory. org for more information on the Sullivan County Historical Society and the Sullivan County Museum. You can also visit the Sullivan County Historical Society and Museum on Facebook.

COLUMBIA HILL NEIGHBORHOOD ALLIANCE (CHNA)

The CHNA steering committee held its first in-person meeting after months of ZOOM meetings. The monthly meetings enable

members to share informa-



THAT STRANGE DAY IN APRIL

It was a beautiful day in our neighborhood The sun...how it gleamed in the sky I stopped to say hi to a friend We talked a while then said goodbye

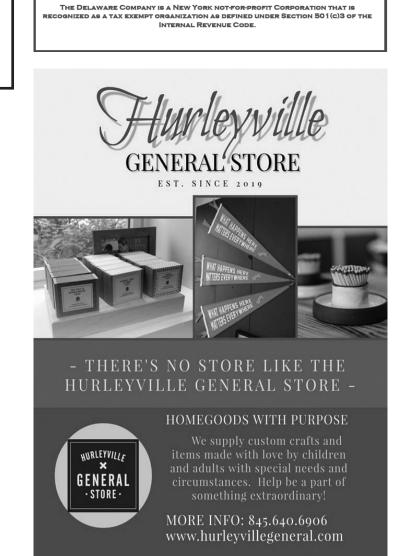
I laughed about not having bricks In my pockets to hold me down Because gusts of winds in the forecast Would pick me up then drop me on the ground

> I fought like a champ against it But then right in front of my eyes I thought "Is that lint from a dryer?" No, what an unexpected surprise

Mother Nature was at it again She allowed us to be all aglow That Spring was finally here Then she gave us a shower of SNOW!!

So, here's some advice that I'm giving myself When the daffodils bloom do take note That it might not be until May When I can store my warm winter coat!

> - Mimi July, 2021



GEOGRAPHY, TECHNOLOGY AND ART

A 3-D rendering of the Catskill Park cut from machinable foam.

by Denise Sullivan

HURLEYVILLE--Technology Hub and Incubator (THINC) building.

rectly. The entire 700,000 The US Topo series is a plus acres of Catskill Park was reduced to a 3-dimensional art installation measuring 93 inches long by 44 inches wide by 4 inches thick. The light- allows the user to have a weight, large art installation rests on the computer resentation of a 3-dimennumeric controlled (CNC) router where it was carved country, complete with mechanically from a large contour lines of elevation, block of foam. After it is hydrography, geographic painted to accurately de- place names, and a variety pict the water, landmarks of cultural features. and landscape features of Catskill Park, it will hang project, additional digital inside the new office of elevation data was added

at 220 Main Street in Hur- phy (STL) file, the indus-

Every map at the Unites state park resides inside the States Geological Survey (USGS) website is now available to download as a Yes, you read that cordigital file, free of charge. new generation of maps of the American landscape, produced by the National Geospatial Program. Printing one of these maps 2-dimensional paper repsional mapped area of the

For the Catskill Park Catskill Mountainkeeper to create a stereo lithogra-

try standard file type for 3-D printers. In theory, if THINC had an extremely large 3-D printer, the piece could have been made using additive manufacturing, creating the three-dimensional map, layer-by-layer, using a computer created design. The end product would have taken a very long time to print from plastic filament, and would have been much heavier. Instead, the STL file was exported and converted to geometric code (G code), the programming language used to control CNC machinery. The 3-axis instructions in the file represent the three directions the cutting tool can move to create the exact length, width, and height of the object. CNC



PHOTO BY MARK MCNAMARA

routers execute subtract these 3D printable artifacts tive manufacturing, cutting are now available through away from a solid block of Google's ubiquitous platforms. This work of bridgmaterial, in this case, machinable foam, which is ing the gaps between sold in various weights and technology and the arts. is heavier and denser than Styrofoam. Machinable foam is relatively inexconstantly. pensive and used for many projects, like architectural prototyping, mold machin-

ing, and sculpture. Making the world accessible through downloadable digital files is not exclusive to USGS maps of the United States. Scan the derstanding and appreciation of the beautiful state World is an open-source museum initiative that alpark that Sullivan County lows users to 3-D print reresides in, along with Ulnowned historic artifacts, ster, Green, and Delaware like classic sculptures. counties. Through a partnership with Google Arts and Culture,

geography or science is all around us, and expanding The Catskill Park project will be finished by tracing and painting the projection of landmarks and all other map details onto the routed topography that was made at THINC. The completed piece will foster un-

Isn't technology a wonderful thing?

From our kitchen window we can see the rhododendron tree nestled in front of a towering fir that seems to enfold it. When both trees are green they're hard to distinguish. In early June, the rhododendrons flower and make a vivid purple sphere that seems to hover like a stray cloud against the green field of the fir. That's the moment a radio interview with the that marks the beginning of proprietress of a farm based summer for me, though the on the principles of "regensolstice is weeks off.

branches of the tree didn't al warming. But she was flower, which sliced off the not talking of reversing, or bottom of the sphere, giving even containing, climate it a slightly deflated look, change - rather about aclike a flat tire. They didn't commodating it and finding flower because, towards "best practices" for emergthe end of our long win- ing conditions that will be ter, the deer would come inhospitable to agriculture and nibble at the incipient as we've known it. We've buds, standing upright on gone too far, she was saytheir hind legs and strain- ing, and there's no holding their necks to get at the ing back the consequences last bits of edible herbage in now. the snowy landscape. They stripped every branch within their reach.

The lower boughs may yet regenerate, though it's hard to know what will or won't regenerate these days. I take the flattened sphere as an apt emblem of the pressures exerted on the environment by all the forces we can't see, the stressors that are compromising the familiar cycle



Out Divine Corners Way

by Jonathan Shimkin

into the mix: "Fire Season" and "Hurricane Season" and "Drought Season" - our new perennials.

The other week I heard erative farming," practices This year the lower meant to help counter glob-

> What to make of the on their far side. commencement of summer in the face of that? The rhododendron's purple cloud; the iridescent green moss along the Smith Hill rock cut; the red poppies that flare so vividly for their brief day? The season seems to wobble with a sense of precarity, a sense that all is not what it seems.

In his great novel of environmental distress, "The of the seasons, shuffling Overstory," Richard Powthe classical four in unac- ers depicts a man driving customed ways, and adding west through Idaho, tra-

versing a continuous corridor of huge fir and spruce. He stops and walks into the forest. Instead of the deep shadow he expects to find within dense growth, he sees light streaming across the trunks. Going a bit further, he steps through to a vast tract of clear-cut forest that had been disguised by the fringe of trees along the road: "You can't even call it a clearing. Call it the moon. A stumpy desolation spreads in front of him..." When he stops at a gas station and asks about what he's seen, he's told the trees along the roadside are called "beauty strips" or "vista corridors," left there to mask what's happening big to be taken in from the

A "beauty strip" is an evocative metaphor for something that both entices and obscures perception. There's a lot happening to our environment that we can't see because it's happening on a scale that beggars perception. Yes, the summer is beautiful; we want to drink it in – this year especially! Its return is comforting. Yet I wonder if that sense of comfort, of assured familiarity and repetition that inheres in the very

cycle of the seasons, isn't itself a type of "beauty strip." The cycle feels eternal because that's what cycles do they repeat. The rhododendrons bloom again, at the same time as last year, and the year before that. But "cyclical" doesn't necessarily mean eternal; our eternal verities may have little to do with eternity or veracity. Our world is the product of changing conditions that are in the process of being superseded by further changes, destabilizing and unaccountable when measured against the scales by which we are accustomed to measure.

Powers's book ends on a delicate note, which holds out a tenuous sense of hope. One of the characters is gathering shards of wood from a tract of clearcutting and placing them in a pattern. The design is too ground, but from overhead, from a perspective that's not earthbound, it can be read as the word "STILL." I hear the adverb, not the adjective, in that word – "still" as something that continues into the future, and in that I hear an echo of the classic haiku by Issa: "The world of dew / Is a world of dew /

And yet, and yet..." Jonathan Shimkin, writer and editor, may be contacted at jonathanshimkin@gmail.com, or via his website: jonathanshimkin.weebly.com.



by Elaine Corrington



Summer is finally imaginable...sort of. We look at our yards around town and imagine some beautiful flowers that are visible from the street (most back yard wonders are invisible to us, but with all of the hillsides and trees, we get hints of what might be there). Flowering trees, flowering plants, and flowering thoughts-- all bound up together in weather that invites us to get out, walk, love what we see, and dream...as long as it is

Shoot. Is there a perfect season? Well, this is as close as we

Kids enjoy the gardens in passing (or if you bring it up), but it seems that few of them really want to put in the work that is required for a garden. Sure-- some of them are happily involved in gardening at an early age. But the rest? Is there anything that encourages them to start looking at, being in, and enjoying gardens instead of just passing through? Money, imploring, chocolate, new summer clothes, cell phone upgrades, loud demands, pleading?

Nice try, Mom and Dad. Even if some of those incentives work briefly, you are still annoyed at the lack of enthusiasm.

Even the life-long bad gardener might benefit from an opportunity to use gardens to promote community participation, interaction and fun. I know this, because I am a lifetime bad and extremely reluctant gardener. And yet there is one quality that brings one to notice what is wrong in a yard and maybe fix it, experiment with new and very unique garden presentations that don't require upkeep (or encourage you to do some of that upkeep); and sneak around and surprise and amuse family, friends, and neighbors. That quality? Sneaking humor into

gardens that enhances the appeal of thinking about doing something that your community appreciates and celebrates-- even if you never tell them you are responsible for these fun moments! Could just be that kids are the best at this.

Some easy ideas? First of all, they have to draw the eyes to a hidden little spot-- or an easily found spot where someone who needs a laugh-- or moment to know they are appreciated-- finds an unexpected little treasure that was handmade. An easy activity at all age levels is to find hand-sized rocks that have a fun or meaningful shape (heart, flower, truck, animal, etc.), or just rocks of the right size that they like. Once they have found the rocks, they can use waterproof acrylic paints to paint the design they dream up for the rocks.

The rocks may have special messages intended for individuals. Once dry, these funny or beautiful treasures can be hidden in spots where they can be found immediately, or surprisingly found. This requires another quality that will draw kids to the garden: sneakiness! People find great joy in these little garden gifts- and many recipients then like to sneak them into another friend's or neighbor's garden (or even make their own!).

Another good way to get kids into the garden? Give them their own little corner where they can use rocks, small pieces of wood, dirt mounds, handmade fences, and houses from old blocks or wooden boxes, and plants to make a little outdoor village where old plastic cars, trucks, dolls, plastic animals, and even superheroes can live out their adventures. Acrylic paints can be used where wanted. Not only will the kids—maybe-appreciate gardening more as time goes on, but they can be thinking of stories with their friends, another skill set! And then, as an unexpected benefit, they are ready to toss the old toys out before winter comes!

Even if someone might never enjoy the work of a wonderful flower garden, the fun of using that space can lead them to create and use outdoor spaces that are unique and enjoyable as adults-- with far less swearing.

Senior Night at FCSD

FALLSBURG - Fallsburg Central School District (FCSD) created a very special evening for the Class of 2021 on June 18.

The title of the event was simple—"Senior Night." The intention was to give the graduating class a night of memories and an opportunity to celebrate their friendships shaped over the entire school experience.

Students felt welcomed as soon as they entered the high school lobby with black and gold decorations and signs honoring the graduates. When it was time to enjoy the abundance of teenfavored hot buffet foods and ice cream-with-fixings bar, they walked down the steps to the 300 wing of the building as they had done thousands of times. Above the steps was a complete list of class members by first names emblazoned on a banner.

A highlight of the evening was a photo booth provided by DJ Jimmy Lyles of K104 in Beacon, NY. Adjoining the booth was a table filled with crowns, signs, extravagant Lyles for a friendly trivia gold and silver necklaces competition. Questions were (imitation, of course), weird about FCSD and popular



Senior class advisor Victoria Alzate takes a selfie of the seniors at front entrance of the Fallsburg Jr. Sr. High School.

eyewear, and masks-- not the kind the students came in wearing, but Halloween masks. Students and staff could not wait to take photos several times throughout the event. Many went home with pockets and purses stuffed with photo strips of three photos each.

Several times during the celebration, groups of six students came up to sit at a large table in front of Jimmy

culture. Participants and the audience of classmates could not stop laughing and cheering as each grouping sat down and gave incorrect or correct answers. Winners of each group received \$25 gift certificates for their efforts.

The next-to-the-last item on the agenda was going into the school auditorium to enjoy a video put together by Class Advisor Victoria Alzate with technical help from Nick Wells of the Tech Department. Students laughed at seeing themselves from

elementary school days, especially at sixth grade graduation. Candid photos elicited some screams, and there were probably a few tears at remembering those moments. Loud applause rang out at the end of the video.

Before everyone began leaving the building, all the Classmates of 2021 present went to the front entrance steps to the high school. Standing beneath the Fallsburg Jr.-Sr. High School sign, students smiled, waved, and cheered. In the last few shots, Victoria Alzate and class guidance counselor Sonja Ferreira joined the group. Finally, Ms. Alzate took a selfie with everyone in the background.

During the past year-plus, with the pandemic impacting school events, the Class of 2021 was not able to have a junior prom or a senior class trip. This night of silly snapshots from a photo booth, being with classmates, friends and teachers and staff, delighting in delicious food, and reliving old memories will be a treasured moment in the Class of 2021 experi-

One Teacher, Eight Grades, One Room

New Exhibition on One Room Schools at the Time and the Valleys Museum

GRAHAMSVILLE – One, rized and recited their lessons. Teacher, Eight Grades, One **Room**, an exhibition on one room schools in the Tri-Valleys Area is the Time and the Valleys Museum's newest exhibition, open Saturday and Sunday noon to 4 p.m. or by appointment.

From colonial times through the 1950s, one room schools were commonplace in rural areas. A single teacher would typically have students in the first through eighth grades, and would teach them all. The number of students varied from six to 40 or more. The youngest children sat in the front, while the oldest students sat in the back. The teacher usually taught reading, writing, arithmetic, history, and geography. Students memo-

This exhibition is a celebration and look back at the dozens of local one room schools. Visitors can learn about the teachers, the students, a typical school day, lessons, recess, manners, discipline and more. It includes fun activities – recess games (you can play hopscotch!), guessing games, and a complete recreated one room school to explore. Visitors can even try their hand at an 8th grade test, (hint: it is very difficult to pass!).

For more information call 845 985-7700, e-mail info@ timeandthevalleysmuseum. org or visit www.timeandthevalleysmuseum.org. To schedule a group tour for children or adults, please call 845-985-





COIN-OPERATED JUKEBOXES*TOUCHSCREEN*VIDEO*PINBALLS POOL TABLES*ELECTRONIC DARTS*LEAGUES

From the Firehouse

by Jack Halchak, Past Chief H.F.D.



The Hurleyville Fire Department is always looking for help, to fight fire or support those that do. We even supply all of the gear and provide all of the training needed, for free. Stop by any Monday night and find out how you can help or get an application.

Fire calls continue to be up. Since last month there have been numerous calls on the Delaware River for the departments that border the river. They have rescued boaters and swimmers with at least one drowning. Calls are also up on Route 17 with numerous accidents especially in the Wurtsboro area. There has been a glider crash and a helicopter crash since the last column. With the few summer storms that we already have had there were numerous trees and wires down from the storm. The last couple of months have been like it was in the middle of the summer with the

county has had. to be ready for the summer storms that will be coming. Do you at least have waters. Mid-morning the a working flashlight? Will you be ok with a power outage of a couple of hours couple of times as the temor a day or two? How is

THE SULLIVAN COUNTY BUREAU OF FIRE

WANTS YOU TO BE SAFE AS YOU COOL OFF THIS SUMMER

LEARN TO SWIM TODAY

60% of kids who drown are within

10 feet of safety.

Swim lessons save lives.

SAFE KIDS

pound bass, five three-

pound-plus bass and

fourteen two-plus-pound-

The lunker of the day

was a 4.52 pounder caught

by Isaiah Hannold of Gra-

hamsville. He was using

a grape worm on a Texas

rig. He caught it first thing

Bush was the overall win-

ner. His five bass totaled

12.75 pounds. His catch

included a couple of two-

plus-pounders, and a 3.80

pounder. He used various

in the morning.

your medical supply?

70s. The sky remained The Morningside Fishovercast throughout most ing Classic hosted by the of the day, with the sun Loch Sheldrake Fire Depoking out once in a while. partment, Hurleyville Fire Over 60-plus bass were Department and the Town brought to the scale, including three four-pluof Fallsburg Parks and Rec

Sixty-plus fishermen hit the water on the first day of the 2021 New York State bass season on Morningside Lake in Hurleyville.

is now history and was a

great success.

At the 5 a.m. start, the volume of calls that the air temperature was 60 degrees with an overcast Once again I remind you sky. The water temperature was 70-plus degrees, a little murky with calm wind kicked up a bit, and even changed directions a perature rose into the mid-

> colored plastics. Second place went to Jay Everett of Greenfield Park. Jay used a sweet potato colored rig to bring in 11.47 pounds of bass He also had a couple of two-pounders with a 3.55 pounder.

Third place went to Tom Clegg of Newburg with a total weight of 11.13 pounds. Tom had a couple

of three-plus-pounders, but didn't have any twopounders. Tom has fished this classic for many years and is contently in the top three.

Many different color plastics were used, and the results were successful. Some other impressive weights were: Paul Bennett with 10.36 pounds, Isaiah Hannold with 9.27 pounds, Bill Hall with 9.94 pounds and Ian Zuckermen with 10.06 pounds

In the pickerel category, Kevin Janiak was first with a 17.50 inch, 1.12 pounder, Todd Caruso was second with a 16.50 inch, 1.04 pounder and Thomas Boyle was third with a 16.00 inch, .90 pounder.

Next up is the 10th Annual Bill Carlson Golf Classic, on Saturday, August 21 at the beautiful Tarry Brae Golf course on Pleasant Valley Road in Fallsburg. You can contact John Jaycox for more information at (845) 866-6491.

I have not addressed this Jason Sano of Pine topic before: green and blue lights on vehicles. These are courtesy lights of volunteers responding to a call. GREEN is a volunteer ambulance (EMS) Emergency Medical Service responder and BLUE is a volunteer firefighter responding to an incident. When it is safe to do so, pull over and let them pass. Thanks in advance for your cooperation.

> Summer is here and the County's population grows tenfold. More people, more incidents, Be careful out there.

Second Graders Receive Books

July 11, 1906 THE SENTINEL **CHANGES OWNERSHIP**

FROM THE FILES OF...

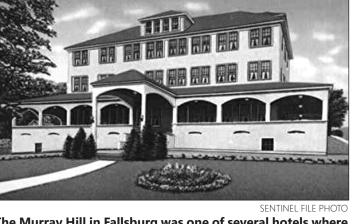
The Editor of the Sentinel, finding that his law practice will not permit his giving the paper the attention necessary to conduct a publication, such as he desires to see conducted at Hurleyville, has sold the same to Scott Hoagland of Greene County, who will assume the Editorial chair July 16.

The writer has known Mr. Hoagland for many years both having been brought up in the same neighborhood and attending the same school. He is an energetic young man, of good address, an ardent Republican and a first-class printer. His father was an editor before him, and he has been reared in a printer's office.

He will be assisted in his work by his brother Guy who is also an excellent newspaper man. Guy is a hustling young Republican, now a Page in Washington, and the two will conduct an up-to-date wide awake Republican organ. We have no fault to find with the newspaper business, or with the patrons of our paper. During the short time we have conducted The Sentinel we have received the most hearty support and encouragement from our townsmen, and the patronage we have received has been more than we expected. As proof of this we have four at work in the office at the present time and are unable to keep up with our orders. Our sole object in selling is to give us more time for the practice of law.

We ask all our patrons to give to these young men their hearty support and assure them that they will receive a clean up-todate paper in return.

Again thanking our friends and patrons for their support



THE HURLEYVILLE SENTINEL.

The Murray Hill in Fallsburg was one of several hotels where slot machines were seized.

uniforms for this game.

July 18, 1941

POLICE SEIZE SLOT

MACHINES IN RAIDS

IN THIS VICINITY

In the first raids of the season

in this section, slot machines

were seized in four hotels during

the earlier part of the week. Ser-

geant Joseph Miller and Troop-

er L. W. Freer of the Wood-

bourne sub-station opened the

drive on Sunday with the arrest

of Daniel Neuman, concession-

aire at Schenk's Paramount in

Thompsonville. Taken before

Magistrate Arthur Kyle in Mon-

ticello, Neumann pleaded guilty

and paid a fine of \$25. The ma-

chine was confiscated and the

contents, amounting to about

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and encouragement and soliciting a continuance for our successor, with this issue we turn The Sentinel over to Mr. Scott

COMPILED BY Sullivan County Historian John Conway

July 19, 1916 THEATRE IS OPEN

The New American theatre across the track nearly opposite the depot is open for the season and showing twice daily with all the latest and best pictures.

July 11, 1941 HURLEYVILLE **EAGLES PLAY TONIGHT** AT HOTEL EVANS

The Hurleyville Eagles basketball quintet will play their third game of the week tonight at the new Hotel Evans indoor court with the Evans' team furnishing the opposition. The Eagles, regarded as one of the best quintets in this section of the State in winter competition, showed their prowess Sunday night at the Hotel Nemerson where they lost by a mere one point margin to a team composed almost entirely of NYU players. Last night (Thursday), the Eagles, representing the Morningside Hotel, played the formidable Klein's Hillside team of Parksville, composed of CCNY performers. The Evans team will consist of the same aggregation that brought the Ohrbachs of New York City the high rating it attained this past winter in A.A.U. circles. The Hurleyville lineup will be composed of Hesh Podberesky, Milt Levine, Rod Gordon, Murray Dambrot and Nate Ruderman. It is also expected that Frank Turner and Bob Davidoff, both

On Monday, Harry Berg and Joseph Schwartz, men in charge of the concessions in Loch Sheldrake hotels were arrested and arraigned before Magistrate Moses L. Kove. Schwartz pleaded not guilty and was released on \$25 bail pending a hearing set for Monday, July 21. Berg paid a fine of \$15 imposed the Magistrate Kove, after he had admitted his guilt. The machine contained \$9.50 in coins. Joseph Walter of the Mur-

\$30 in coins, was turned over to

welfare authorities.

ray Hill House concession in So. Fallsburg was arrested on a similar charge Wednesday afternoon. Taken before Magistrate Herbert Sakofsky in South Fallsburg, Walter pleaded guilty and paid a fine of \$10. The machine had apparently been emptied over the week-end since only \$1.50 was in it at the time of the raid.

The authorities smashed the four machines involved all of which were the one-armed bandit type. Commenting on the amount of aluminum used in the construction of the devices, police expressed the possibility that they might prove worthwhile in the aluminum drive to be conducted by the County Defense Committee beginning July 21.

FCSD Hosts Annual Expo



FALLSBURG – With the ily to feel their pride and to arrival of June, the English congratulate the children. Roving reporter and Suas a New Language (ENL) teachers at Fallsburg Central School District (FCSD)

showcase the creative work

performed by students

throughout the district with

an event for parents and

families. Because of the

pandemic last year, the pro-

gram was not scheduled.

This year, on the evening of

June 11, the celebration re-

sumed to the delight of the

staff, the children and the

families. This is a special

opportunity for the families

to speak with school staff

and to receive information

on the importance of litera-

Shaded from the bright

summer sky under the en-

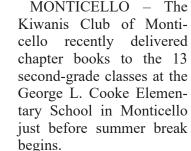
student work for the fam- BCES Cafeteria

cy in English and Spanish.

perintendent of Schools Dr. Ivan Katz, with his new hand-held mini video camera, interviewed individual parents, families and staff. Hopefully, the new equipment worked well and the ENL will have a copy to enjoy and share with the students.

Families enjoyed pizza, soft drinks, and other snacks provided by the hosts. A special thank you to Stewart's Shops for their generous donations of ice cream cone certificates to each of the children. The organizers also provided Fallsburg t-shirts and face masks. Prize bags were raffled off

trance alcove to Benjamin to families. Cosor Elementary School, The enthusiasm for this the entire ENL staff, Miannual event is always at grant Education support ser- a high level. The famivices staff and Pupil Person- lies place a high value on education and on learning nel services staff from both school buildings showered English as a new language. the children with refresh-This event allows them to ments, prizes and gifts. In acknowledge the teachers at FCSD and the Migrant the past events, the children's art work and special Education Program for the projects were displayed on great work they do and for the love they put out for the walls and tables in the school Cafeteria. Because their children. Hopefully, of Covid-19 restrictions, the next year all the work will festivities were held in the be taught inside the school open air. Organizers from buildings, and output of ENL created a wonderful that work will be displayed slide show to present the on the building walls of the



The books were selected by Kiwanian Doris Motl, who is a retired 4th grade teacher. Accompanying Ms. Motl to the classrooms was Jane Sorensen, who is a Kiwanis member, as well as Family Engagement Program Manager for EPIC (Every Person Influences Children). Some classrooms had students in the room and others had students on Zoom.

Teacher, Barbara Bitjeman stated "A big 'thank you' to Kiwanis Club for their continued tradition of bringing new chapter books to our Second-Graders. It is such an important and endearing gift to enhance the

joys of reading." The students were very courteous, expressed their appreciation for the gift of reading material, and they were especially thrilled that they were chapter books. They were also very interested to learn more about the Kiwanis Club and the many ways they help the children in the community, i.e. the Sweet Dreams Program assisting children go-



From left: Teacher Barbara Bitjeman, Kiwanian/EPIC Program Manager Jane Sorensen, Cooke School Principal Virginia Gallet, and second grade students proudly display their chapter books.

ing into Foster Care with comforting items, holiday gifts for children in need, scholarships for high school seniors, and they were also impressed with the service leadership clubs Kiwanis sponsors in the Middle School and High School.

The mission of Kiwanis is dedication to improving the world one child and one community at a time. For more information about the Monticello Kiwanis Club, contact President Marvin Rappaport at 845-701-





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Closest to the PIN Contest - Longest DRIVE Contest If you don't have a foursome we will fit you in one.

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THE COLUMBIA COP CAPER

Fallsburg Constable Bronco Kelly is back, and this time his job takes him just up the road from his Hurleyville home to the Columbia Farm hotel, where he has been called to an early morning meeting by the hotel's owner, Ben G. Knapp. Read on to discover what new adventure awaits our hero...

Ben Knapp was seated on the expansive porch of the Columbia Farm Hotel, his gaze extending far off in the distance, possibly taking in the rooftops of Main Street, Hurleyville in the valley below. When he heard my footsteps on the wood stairs a short distance to his right, he turned toward me with a start and took the unlit cigar stub from his mouth.

"Kelly, good that you could make it," he said in a booming voice, walking toward me. "Come sit."

He shook my hand and turned to lead me back to the rocking chair he had been occupying, motioning for me to take a seat in one next to him.

"I think you get taller every time I see you," he laughed. 'You need a good memory to be that tall. You have to re-

member to duck to make it through the doorways."

He laughed at his own joke. "It's not quite that bad," I said, a bit uncomfortable, as I usually was when people com-

mented on my six-and-a-half

foot height.

"Well, you fill it out well!" he laughed again. "Okay, so you are probably wondering why I asked you to come by today, so I won't keep you in suspense. I need your help."

"Always ready to help out," I said. "And before you start, let me offer condolences from Irene and me. Your mom was one of my favorite people, and the best boss I have ever had."

"Well thank you, Kelly. I appreciate that. She will be

"By a lot of us."

"Yes, she will indeed... Kelly, this place has grown a lot since you worked here way back when," he said, motioning to the grounds that extended almost as far as the eye could see. "We had the pool when you were here—the first hotel in the Mountains with a real honest to goodness swimming pool, but a lot more people use it now. And we added the golf course last year. There's lots

more to come, too. Of course, that's all good, but the growth has also brought with it some problems."

"Problems?"

"Kelly, we have basically three months to make enough money to support us through the rest of the year, so we have to take whatever business comes our way. We don't turn away anybody, that is, as long as they are Christian and aren't coughing and spitting. And that means we occasionally have more people here than we can really handle—not in terms of accommodations, mind you, but in terms of, let's say 'crowd control."

"I'm not sure I understand, Mr. Knapp. In all the years l have been Constable, I don't think you've had more than one incident here, and that was the missing kid we later discovered sleeping in the blackberry patch."

"You're right, Kelly, you're right. We usually manage. But next weekend I am anticipating something very different from anything we've ever had here at the Columbia, and I think I am going to need your help."

"Any time you need my help, you just call, Mr. Knapp.

Ben Knapp was seated in a rocking chair on the expansive wooden porch of the main building at the Columbia Farm Hotel

"That's not going to be good enough, I'm afraid. Not this time. I've got a bunch of New York City cops coming here for the weekend, and I know how much trouble they can get into. I need someone like you here, on the grounds, to help us keep that trouble to a mini-

"They're police officers. It seems as if they should be able to keep law and order amongst

You know I'm just down the themselves. And if not, you call, I'll be here."

> "Kelly, we're both too young to remember the rumpus the city cops used to cause at Brophy's back in the day, but my mother used to tell stories that would make your Irish face blush. She knew, because she was there."

I recalled that Mary Knapp had been a Brophy, the family that had owned the Mountain View hotel on the other side of Hurleyville, which had burned Kelly, and although I'm sure

down when I was a toddler. The place's reputation lived on, however, and largely because of the escapades of the New York City cops who used to regularly vacation there it would forever be remembered not so much as the Mountain View, but as "Brophy's Mad

"What exactly do you have in mind?" I asked after a mo-

"I know you have a job,

you don't make a hell of a lot of money as Town Constable, I'm equally sure it is more than I could afford to pay you. But I'm hoping you will agree to take a short vacation—a working vacation—and spend it here at the hotel, on the house, of course, and you'll bring Irene, she can sit by the pool, or even learn to play golf, while you pitch in as our security officer for the weekend."

"I'm not sure I can swing that, even if I was inclined to do it. I'd have to try to arrange for someone to cover for me with the Town..."

"Already done, Kelly, already done. I spoke to Norman this morning. He's new on the job, but he said he could assure me the Town Board would approve your taking a weekend off to help me out. I doubt if Rosenstraus would have been as eager to help, but Misner could not have been more cooperative. Sometimes change is good in politics."

He smiled. He stuck the stub of a cigar back in the corner of his mouth and stuck out his hand.

"Do we have a deal?"

"I'm going to have to talk to Irene," I said. "Unless you have already done that, too."

"That shouldn't be a problem, Kelly. I'm sure you can make it sound attractive to her to get out of the house for a couple of days, to have someone wait on her, to enjoy our great food and the pool. When was the last time you took her on vacation?"

"All right, I'll talk to her tonight, and I'll let you know

"This is going to be fun, Kelly. You'll see, it's going to be fun."

Will it be fun for Bronco Kelly, though? Find out what kind of trouble he is getting himself into in the next installment of The Columbia Cop Caper, only in The Hurleyville Sentinel. This story is a work of fiction. Bronco Kelly is a fictional character, and while the Columbia Farm hotel, Ben Knapp and other characters in the story are real, no representation is made that their characterizations are portrayed accurate-

FCSD Selects Esther Grossman for Hall of Fame

FALLSBURG - Esther Lelah Grossman has been selected for the FCSD Hall of Fame (HOF) by the HOF Committee.

Ms. Grossman taught Physical Education at Fallsburg High School for more than 35 years. During this time, she was the Athletic Director and coach. Esther was a role model to her students and helped many of them obtain college degrees. She coached championship teams in field hockey and volleyball.

active in the Fallsburg com-



Esther Grossman

munity. She owned and operated Pleasant Valley Day Ms. Grossman was very Camp, where many children spent happy summers. Her long commitment to her. She trained and "took under her wing" many other teachers and coaches. She was a mentor to them and to hundreds of students and campers.

The letters in support of her nomination were unanimous in the gratitude for transforming shy young girls with low self-esteem and no sense of any athletic ability into strong young women. In and outside of class, she was always encouraging people, and she did it all with a great sense of hu-

Ms. Grossman's personal story is exemplary. She was born in Singapore, Malaysia, on August 9, 1931. Her family moved to Calcutta, India, where she attended the Calcutta Girl's School, excelling

Fiber health and safety of all, ope 11AM to 4PM ers will be allowed at a t For any questions, please cal 845-707-8769 **FIBER ON MAIN** 227 Main Street Hurleyville, NY 12747 Follow us on

n e 🚳 i o n

love of athletics was a life- in sports and qualifying for the London Olympics in 1948 in Track and Field. Unfortunately, because of the assassination of Gandhi and turmoil in India, the Indian Olympic Team never got to London.

Ms. Grossman immigrated to the United States, with the help of an older sister and brother-in-law. She later received a full scholarship to and graduated from Brooklyn College, where she received top honors in all sports. After retiring from FCSD, Ms. Grossman continued with the day camp. Indicative of her joy of life and physical exercise, she remained active after moving to Florida. She courageously battled with ALS over the last year of her life, and raised over \$8000 for the ALS Walk in her local community just before she died in

January, 2010. She was 78. Ms. Grossman's close friend and protégé as a P.E. teacher and coach at FCSD. Donna Rae Robitaille, nominated her for the HOF. Ms. Robitaille was also responsible for establishing the Esther Grossman Scholarship at Fallsburg High School.

There will be a brief ceremony at the Fallsburg Alumni Association Awards Presentation on Saturday, July 17, from 11 a.m. to 1 p.m. at the front entrance to Benjamin Cosor Elementary School where Esther Grossman's family will receive the HOF plaque.

PHILIP HOLLAND

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The Art of Being

House."

by Deborah Chandler, Ph.D.

Ego

We carve out a slice of our personality and call it "my on the ego, "My ego dominated the discussion." "My weak ego" makes me dislike myself. "My fragile ego" is easily swayed by others. We let our ego define our motives, or a base, selfish ego.

But where is this "ego?" What is it made of?

It actually has no existence. We've created this thing and give it the power to control us. Why this distance? Why do we empower a non-existent entity to control ourselves? Why do we separate ourselves from our own actions?

Ego in psychology defines the subjective sense of self or identity. But it is the actions we perform that define who we are: actions include thoughts, emotions, physical activity. We create an entity to be the actor for us. This distancing from our direct behavior, leaves us believing that we are not in control of our own being.

responsibility. Afterall, if I'm hobbled by a weak ego, what else could be expected of me? I was provoked into actions I would not choose.

about ourselves. We want to separate our actions from our being. It wasn't me, it was my ego. Yet we are so much more empowered when we own our actions. I did the angry

Ego refers to our identity. outburst. I saw myself do it. I shut down other options and went for the anger. Afterward, ego." We blame bad behavior I felt the dismay and shame of having chosen those actions. I reflect upon my choices and want to commit myself to act with greater kindness.

When we look within, do we have an affirming view of having a loving altruistic ego ourselves? This inward gaze is the key to learning. When we learn new things, the capacity for self-reflection is our best teacher. Was my tennis swing too tense; was my cooking too salty; was my offer of help too disapproving?

There is action and self-reflection. We have this remarkable capacity to introspect. We can observe our actions and thought processes. We can expand our capacity for loving actions and reduce our fearful actions.

Using the ego, we become invested in versions of ourselves that block our learning. We have a definition of who we are that bumps against change. Instead of following the flow of our actions, we track our ego and how it is The ego is our escape from being treated. Criticism is too hurtful, so we hold onto what we have, and forgo the transformation into a better tennis player, cook, friend.

When we give up our de-I think we feel cautious fense of our ego, we open to a richer capacity for reflection and action. We clear away the narrowing confines of ego. We expand our capability to grow and love.

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FROM THE **FALLSBURG** LIBRARY

Happy July everyone!

We're so excited that sum-

mer is FINALLY here and

with summer comes our

Summer Reading Program!

This year's theme is 'Tails

and Tales' and we've part-

nered with Page Turner

Animal Adventures to bring

you 6 weeks of virtual crafts

and stories – and if you sign

up early, you'll get a bag

filled with all the supplies

you'll need to do the crafts!

Please note, that these are

Our Page Turner Adven-

tures start the week of July

5 with Farmyard Friends,

we'll enjoy Fish Tales the

week of July 12, celebrate

Pet Pals the week of July

19, meet Celebrity Critters

the week of July 26, hear

Safari Stories the week of

August 2, and we'll wrap

up with Creepy Crawlies

the week of August 9. There

will be a new story or craft

by Kelly Wells & Amanda Letohic

pace. Contact Miss Amanda at aletohic@rcls.org or calling 845-436-6067 ext. 102 for more information on how to access the videos and to sign up! This series is best suited for those in

K-3 grades. We will continue with our monthly Take and Make craft kits for older kids and adults. Check out our Facebook page for the latest information on those!

Please note that we have limited and available on a lifted our in-building time first come first serve basis limits and distancing requirements, BUT we are still requiring masks for individuals over the age of 2, regardless of vaccination status. The Board of Trustees will revisit this issue at their July Board meeting.

Stay up to date with the latest library updates by following our Facebook page or visiting our website, www.fallsburglibrary.org. As always, thank you for continued support and pavideo to watch each day tience. We wouldn't be able Monday-Friday, and you to do what we do without can view them at your own your support. Be well!

Sullivan County Budget Again Wins Award

Office have earned the Distinguished Budget Presentation Award from the Government Finance Officers Association (GFOA).

"This award is the highest form of recognition in governmental budgeting and represents a significant achievement by your organization," GFOA Technical Services Center Director Michele Mark Levine wrote in congratulations to Sullivan County Manager Josh Potosek.

A panel of judges reviewed more than 1,600 budgets submitted to the GFOA, including Sul-

MONTICELLO - For livan County's version the sixth consecutive time, for the 2021 fiscal year. the Sullivan County Man- They judged the budgets ager's Office and Budget on their excellence as policy documents, financial plans, operations guides, and communications devices, deeming Sullivan's to be "proficient" in all four categories.

> proficiency and professionalism of the top-notch budget team we've had in place for years," Mr. Potosek said. "The rigorous attention to detail and our focus on staying responsible to taxpayers were noticed by the judges, and we aim to continue that record of achievement in 2022's budget, already under development."

"This speaks to the



THIS SUMMER!

The Cinema Is Open! Plus...

SENTINEL SPORTS



CELEBRATION DRAWS CROWD

NATIONAL TRAILS DAY KICKS OFF IN HURLEYVILLE

by Win Hadley

HURLEYVILLE – The east side trail head of the Milk Train Trail in Hurleyville was the scene on June 5 of the opening ceremonies for Sullivan County's celebration of National Trails Day. After welcoming remarks

by Fallsburg Supervisor Steve Vegliante and a brief history of the railroad and its impact on Hurleyville by Sullivan County Historian John Conway, New York State Senator Mike Martucci and Assemblywoman Aileen Gunther both spoke, touting the efforts the county has been undertaking to create a network of connected rail trails.

"After such a trying peri-

pandemic, we can gather here to celebrate both our accomplishments as well as our goals," Mr. Vegliante said before outlining plans to restore additional sections of trail that would create a continuous 13-mile long trail from Ferndale to Mountaindale, including renovating the long abandoned Fallsburg tunnel and replacing the defunct bridge over the Neversink River at Woodridge.

Mr. Vegliante credited Assemblywoman Gunther and the Sullivan Renaissance group for providing \$450,000 in funding toward the project, and thanked former NYS Senator Jen Metzger for earmarking \$200,000 for the work.

"And I want to specificalod, as we navigate the fear ly thank our current Senaand danger of this global tor, Mike Martucci and his



Fallsburg Supervisor Steve Vegliante provided introductory re-



NYS Senator Mike Martucci was among the speakers at the Hurlevville event.

support," he said.

staff, for continuing their Mr. Conway praised the efforts of The Center for Both Mr. Vegliante and Discovery in making the

Milk Train Trail a reality, system that will both attract providing the community visitors and tourist dollars with more than three miles of paved trail and more than a seven-mile hiking venue altogether. The Milk Train Trail and an already ing our physical, mental restored section from Woodridge to Mountaindale will be an integral part of the extended trail, Mr. Vegliante said.

"As an historian, I recognize how appropriate it is that this rail trail—we call it the Milk Train Trail—has become a linchpin of the revitalization that has taken place here in Hurleyville," Mr. Conway said, pointing out that it was the arrival of the railroad that created the hamlet in the first place.

"When completed, this approximately 13 miles of trail will be part of the county-wide regional trail

to our community, but also provide our diverse community a place to walk and bike, all the while enhancand emotional connection with our nature and its beauty," Mr. Vegliante said.

When the Hurleyville ceremony was completed, other activities took place throughout the day along other sections of rail trail in the County.

National Trails Day is an annual nationwide celebration sponsored by the American Hiking Association, founded in 1976 and the only national nonprofit organization in the U.S. dedicated to empowering all to enjoy, share, and preserve the hiking experi-

Sullivan 180 Announces Annual Coach to 5K Virtual Walk/Run

Get in Shape and Help the Community

FERNDALE – Sullivan 180 has announced the second annual "Coach to 5K," a virtual walk/run race and 8-week training program, open to all Sullivan County residents. The Sullivan 180 "Coach to 5K" program provides all participants with their very own coach and an 8-week 5K training plan for both runners and walk-

All are welcome to participate, whether you are a beginner, a veteran runner, or a family that would like to walk their first 5K together, this event is for you. This is a great time to get our county moving! The 8-week training program begins on July 4 and after the training period ends you will have a full week (August 29 - September 4) to complete your 5K - whenever,

by John Conway

was 50 years ago this month--

on Sunday, July 11, 1971—

carded a net 31 over nine

holes at the town of Falls-

burg's Lochmor Golf Club in

Loch Sheldrake to capture the

annual Kosher Chicken Open

Three duos tied for second

place in the tournament: Har-

vey Stoloff and Sylvia Kove,

June Potter and William Go-

bel, and Dr. and Mrs. Milton

According to a story in nament.

golf tournament.

FIFTY YEARS AGO...

Lochmor Golf Club's Kosher Chicken Open

LOCH SHELDRAKE – It the tournament's defending

that the tandem of Norman score of 33, which left them in

Plotkin and Ann Michaels a three-way tie for fifth place



PHOTO PROVIDED Meaghan Mullally-Gorr

wherever you'd like and share your achievements with on social media.

You can register at any time if you choose not to follow the training plan. To register now, visit www.Sullivan180.org. There is a suggested donation/registration fee and one hundred percent of the funds raised will go to Sullivan Allies Leading Together (SALT) to support the greatest needs in our community. If you cannot

the following day's Times

Herald-Record newspaper,

champions, Ron Hinckley

and Doris Roth, shot a net

with the teams of Arthur and

Ruth Weisbord and Al Hinck-

The team of Angie and Dick

The Record reported that

special honors went to Ruth

Weisbord, who used a four

iron to notch a hole-in-one on

the par-three fourth hole, the

only ace recorded in the tour-

Elliott ended the day with the

ley and Seki Flashner.

low gross score of 41.

afford the suggested donais a free option you can choose and still participate.

Coaches are needed! If you are interested in sign- and community and access ing up as a Coach to lead the 8-week training, start- lifestyle. of Health and Wellness, Meaghan Mullally-Gorr will be hosting weekly information sessions every Wednesday. Please email her at mmullally-gorr@ sullivan180.org to join an info session.

Sullivan 180's mission is tion/registration fee, there to build a healthy, vibrant Sullivan County where everyone has a sense of purpose, connection to family to fresh foods and an active

ing your own team, or just Sullivan Allies Leadwant more information, ing Together (SALT) is Sullivan 180's Director a diverse partnership of agencies and community resources committed to working together to improve the quality of life for the residents of Sullivan County. To learn more please visit SALT's website, www.SaltCares.com.



BALLGAME BAFFLERS

BY BRIAN

Here are five ballgame bafflers for your consideration. The first person to email the most correct answers to hurleysent@hotmail. com will win a prize. Have fun!

- 1. What Year did Atlanta host the Summer Olympic
- 2. Who has won the most Olympic medals for Men's Swimming? 3. What Year will Paris host the Olympic Games?
- 4. Who has won the most Olympic medals for Women's
- 5. What Sullivan County, NY resident was an Olympic gold medal winner?

Last month's answers:

- 1. What two Major League pitchers have pitched perfect games in the month of June? Jim Bunning in 1964 and Matt Cain in 2012.
- 3. What Major League Baseball player hit the most home runs during the month of June? Sammy Sosa of the Chicago Cubs hit 20 in June of

2. How many NBA championships did the Chicago Bulls win in the

- 4. How many Stanley Cup championships did the Los Angeles Kings win in the 2010s? **Two**
- 5. What is the only team to ever come back from a 3-1 deficit to win the NBA Finals? The Cleveland Cavaliers in 2016

Last month's winner was Mike Rowley.

SUNY SULLIVAN BASKETBALL CAMP TO OPEN

by John Conway

LOCH SHELDRAKE -Boys and girls alike can ad-

vance their dreams of basketball success again this summer by rubbing elbows with top notch local players and coaches at the SUNY Sullivan Summer Basketball Camp.

The camp has hosted thousands of youngsters over the past 20-plus years, including the past several under current Generals' head men's basketball coach Brent Wilson. During Mr. Wilson's tenure, enrollment has grown each year from 35 boys and girls his first year to around 150 each year.

"We've seen a major increase in the number of children attending, so a few years back we added a second week," Mr. Wilson said. "Unfortunately, last summer we had to cancel due to Covid. I am excited for the camp's return. We intend on following the latest CDC and NYSDOH guidelines in an effort to have a safe two weeks. We are looking forward to an exciting, fun and most importantly safe two weeks."

The two sessions this summer will be held during the weeks of July 19-23 and July 26-30. The two sessions will be open to both boys and girls ages 7-17. The cost for one week of camp will be \$175; for those attending both sessions, the cost is \$300.

Mr. Wilson said there are some limited discounts available for SUNY Sullivan employees, families with multiple children attending, and groups.

"The money we raise goes to our basketball program, and helps with all the extras it takes to run a successful program," Mr. Wil-



SENTIINEL FILE PHOTO **Coach Brent Wilson**

son said.

The camp runs from 9 a.m. to 3 p.m. Monday thru Friday. Early drop off (8:30 a.m.) and late pick up (4 p.m.) are available if prearranged. Campers must bring a lunch or purchase their lunch at the Generals Store located in the Paul Gerry Fieldhouse.

"We try to offer something for everyone," Mr. Wilson said. "We have competitive segments, segments that are fun, and we have different times when the entire camp is together, as well as separated by age. It is a great chance for kids to have fun and work on their game."

Mr. Wilson said that several camp alumni have gone on to "very successful" high school and college careers, but it is the staff's goal to help campers develop their own basic skills. The fundamentals of passing, dribbling, and shooting are covered, as are more advanced concepts such as individual and team offensive and defensive strategies.

"We hope that every kid has a great time and gets out of it what they are looking to get out of camp," Mr. Wilson said. "Most of our kids return year after year and I believe that speaks volumes about how the camp is run and what they learn."

Further information is lege at 845-434-5750 Ext available by calling the col- 4293.

SUNY SULLIVAN

BOYS & GIRLS BASKETBALL CAMP SUMMER 2021

Week 1-July 19-23 | Week 2-July 26-30

Camp is CO-ED Ages 7-17 Dates: July 19-23 and July 26-30 Time: 9:00 a.m. - 3:00 p.m., Monday - Friday Early drop off (8:30 a.m.) and late pick-up (4 p.m.) times are available

Location: SUNY Sullivan Community College 112 College Road, Loch Sheldrake, NY 12759

Campers bring their own lunches. Packaged snacks will be available for purchase throughout the day.

IMPORTANT COVID-19 SAFETY PROTOCOLS Masks will be worn at all times, social distancing

will be enforced and we will be capping attendance

for each session based on the latest guidelines. Additionally, campers will be asked to complete a health screening daily and their temperature will be checked at drop off each morning.

Fee: \$175 per camper, per session

Register by June 15, 2021 and receive a discounted rate of \$150 per camper

Attend both sessions and receive a discounted rate of \$300 per camper

We also offers discounts for the following: SUNY Sullivan Employee Discount, Multi-Child Discount* and Group Discounts

Make checks payable to: FSA of SCCC Mail application and payment to: SUNY Sullivan Athletic Dept. 112 College Road, Loch Sheldrake NY 12759

For more information:

please call (845) 434-5750, ext. 4293 or visit us online at www.sunysullivan.edu/athletics

*Limit of one discount per family